

# **ATTR-CM NEWS-BEAT**

## How common is ATTR-CM in Aortic Stenosis and how does it impact on management?

#### **Prevalence of ATTR-CM in screening studies**<sup>1,2</sup>

Transthyretin Amyloid Cardiomyopathy (ATTR-CM) was previously thought to be a rare condition, but Recent results indicate that ATTR prevalence may be significant in some patient populations, such as:



#### **Clinical Phenotype of AS-CA**

In one study, AS-CA patients were found have worse functional capacity, a significantly higher biomarkers (NT-proBNP and Troponin), worse cardiac remodeling with greater LV hypertrophy and worse diastolic dysfunction as compared to lone AS patients<sup>3</sup>.

A different study compared AS-ATTR with lone AS, lone ATTR and age-matched controls. AS-ATTR patients were found to have increased myocardial stress and damage with NT-proBNP and High Sensitive Troponin T (hsTnT) levels similar to patients with ATTR, restrictive diastology closely resembles ATTR and impaired systolic longitudinal function similar to AS and ATTR patients<sup>4</sup>.



### Efficacy and safety of TAVI in patients with AS-CA<sup>2,3</sup>

AS-CA patients show a trend towards higher all-cause mortality at 1 year than AS patients, if left untreated.



#### Conclusions

- 1. ATTR-CM is common among elderly patients with severe AS referred to TAVI<sup>1</sup>.
- 2. Dual pathology of AS-CA conferred overall worse disease as compared with lone AS by functional capacity, biomarkers and diastolic dysfunction<sup>3,4</sup>.
- 3. TAVI reduces mortality in patients with AS-CA as compared to medical treatment and should not be withheld among such patients<sup>2</sup>.

#### **References:**

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