

THE **BABY** CHECKUPS GUIDE

A guide designed to help you learn about each checkup from birth to age 2

1 **BABY** **2** **CHECKUPS** **3** **COUNT®**



WHAT YOU CAN EXPECT FROM EACH CHECKUP

At each baby checkup, the doctor or healthcare provider may:

- Conduct a physical exam
- Check your baby's growth
- See if your baby is reaching key milestones. 'Milestones' refer to the expected behaviors and skills for a baby's age
- Give CDC-recommended vaccinations
- Provide information on how to help keep your baby healthy

Make your baby's checkups count

CDC=Centers for Disease Control and Prevention.



TOOLS TO KEEP YOUR BABY ON SCHEDULE

Count on these tools to help you remember your baby's checkups and vaccinations.



Personalized Vaccination Calendar

Create your own schedule for your child's CDC-recommended vaccines. This calendar will be made just for your baby. Go to VaccineCalendar.com.

SOME QUESTIONS TO ASK

Not sure what to talk about? Here are some questions you can ask your baby's doctor:

- Is my baby growing as expected?
- Is my baby up to date on their CDC-recommended vaccines?
- When is my baby's next checkup?
- What milestones should I expect my baby to reach by their next visit?



For more information and to download a digital version of this guide, visit

BabyCheckupsCount.com

- ★ **Key milestone:** Prenatal vaccination
- 💉 **Vaccinations:** DTaP • RSV • and others
- 💬 **Ask about:** Which vaccines you are recommended to receive during pregnancy

2nd TO 3rd
TRIMESTER OF PREGNANCY

BABY CHECKUPS: FROM BIRTH TO AGE 2

- ★ **Key milestone:** Startles at sound
- 💉 **Vaccinations:** HepB (if not already received) • RSV*
- 💬 **Ask about:** Feedings (bottle or breastfeeding) and signs of illness

2 TO 5
DAY CHECKUP

- ★ **Key milestone:** Briefly lifts head when on tummy
- 💉 **Vaccinations:** HepB
- 💬 **Ask about:** Using pacifiers and vitamin D drops (if breastfeeding)

1
MONTH CHECKUP

- ★ **Key milestone:** Turns head toward a sound
- 💉 **Vaccinations:** HepB • RV • DTaP • Hib • PCV • IPV
- 💬 **Ask about:** Whether your baby is getting enough tummy time

2
MONTH CHECKUP

- ★ **Key milestone:** Rolls from tummy to back
- 💉 **Vaccinations:** RV • DTaP • Hib • PCV • IPV
- 💬 **Ask about:** Sleep training

4
MONTH CHECKUP

6
MONTH CHECKUP

- ★ **Key milestone:** Sits with help, with good head control
- 💉 **Vaccinations:** HepB • RV • DTaP • Hib • PCV • COVID-19* • IPV • flu vaccine (if flu season)
- 💬 **Ask about:** Introducing solid foods

*If mother didn't receive an RSV vaccine during pregnancy, or received it within 14 days of baby's birth, it is recommended to give the baby (8 months or younger) one dose of RSV antibody during their first RSV season.
†Number of doses recommended depends on your child's age and type of COVID-19 vaccine used.

9
MONTH CHECKUP

- ★ **Key milestone:** Gets into a sitting position and sits without help
- 💉 **Vaccinations:** None, unless your child missed prior vaccines or needs a flu vaccine
- 💬 **Ask about:** Using toothpaste

Vaccination Key

HepB: hepatitis B
RV: rotavirus vaccine
DTaP: diphtheria, tetanus, and pertussis
Hib: *Haemophilus influenzae* type b
PCV: pneumococcal conjugate vaccine
COVID-19: coronavirus disease 2019
IPV: inactivated polio vaccine
MMR: measles, mumps, and rubella
HepA: hepatitis A
RSV: respiratory syncytial virus

12
MONTH CHECKUP

- ★ **Key milestone:** Pulls up to stand and cruises
- 💉 **Vaccinations:** HepB • Hib • PCV • IPV • MMR • Varicella • HepA
- 💬 **Ask about:** Weaning your baby off bottles and pacifiers

15
MONTH CHECKUP

- ★ **Key milestone:** Understands simple commands
- 💉 **Vaccinations:** HepB • DTaP • Hib • PCV • IPV • MMR • Varicella • HepA
- 💬 **Ask about:** Handling tantrums

18
MONTH CHECKUP

- ★ **Key milestone:** Runs
- 💉 **Vaccinations:** HepB • DTaP • IPV • HepA
- 💬 **Ask about:** Signs your child is ready for potty training

24
MONTH CHECKUP

- ★ **Key milestone:** Says more than 50 words
- 💉 **Vaccinations:** HepA
- 💬 **Ask about:** Potty training

1
2
3
BABY CHECKUPS COUNT®



COUNT ON THE CDC VACCINATION SCHEDULE TO HELP GIVE YOUR BABY A HEALTHY START

By making it to each of the checkups, you can be sure that your baby is getting the vaccinations they need to help prevent potentially life-threatening diseases. The CDC-recommended vaccination schedule helps protect children against 16 vaccine-preventable diseases by the age of 2. For more information, visit [CDC.gov](https://www.cdc.gov), your online source for childhood vaccination information.



BE SURE TO FOLLOW THE FULL CDC-RECOMMENDED VACCINE SCHEDULE BELOW

2025 CDC-Recommended Immunizations for Birth Through 6 Years Old*

VACCINE OR PREVENTIVE ANTIBODY	BIRTH	1 MONTH	2 MONTHS	4 MONTHS	6 MONTHS	7 MONTHS	8 MONTHS	12 MONTHS	15 MONTHS	18 MONTHS	19 MONTHS	20-23 MONTHS	2-3 YEARS	4-6 YEARS
RSV antibody Respiratory Syncytial Virus	If mother has not received an RSV maternal vaccine during pregnancy						Depends on child's health status							
HepB Hepatitis B	Dose 1	Dose 2			Dose 3									
RV Rotavirus			Dose 1	Dose 2	Dose 3									
DTaP Diphtheria, Pertussis, & Tetanus			Dose 1	Dose 2	Dose 3				Dose 4					Dose 5
Hib <i>Haemophilus</i> <i>influenzae</i> type b			Dose 1	Dose 2	Dose 3			Dose 4						
PCV Pneumococcal			Dose 1	Dose 2	Dose 3			Dose 4						
IPV Polio			Dose 1	Dose 2	Dose 3									Dose 4
COVID-19 Coronavirus disease 2019					At least 1 dose of current COVID-19 vaccine									
Flu Influenza					Every year: two doses for some children									
MMR Measles, Mumps, & Rubella								Dose 1						Dose 2
Varicella Chickenpox								Dose 1						Dose 2
HepA Hepatitis A								2 doses separated by 6 months						

KEY

- ALL children should be immunized at this age.
- SOME children should get this dose of vaccine or preventive antibody at this age.

Talk to your child's healthcare provider for more guidance if:

- Your child has any medical condition that puts them at higher risk for infection.
- Your child is traveling outside the United States.
- Your child misses a vaccine recommended for their age.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

FOR MORE INFORMATION

Call toll-free: 1-800-CDC-INFO (1-800-232-4636)
Or visit: <https://www.cdc.gov/vaccines-children/>

This content was adapted by Pfizer from the CDC's 2025 childhood immunization schedule.

*This is a resource intended for parents or caregivers; there is a more detailed healthcare professional version of the schedule available on the CDC website.

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COVID-19=coronavirus disease 2019; DTaP=diphtheria, tetanus, and pertussis; HepA=hepatitis A; HepB=hepatitis B; Hib=*Haemophilus influenzae* type b; IPV=inactivated polio vaccine; MMR=measles, mumps, and rubella; PCV=pneumococcal conjugate vaccine; RV=rotavirus vaccine; RSV=respiratory syncytial virus.

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