

THE BABY CHECKUPS GUIDE

A guide designed to help you learn about each checkup from birth to age 2

1 BABY 2 CHECKUPS 3 COUNT®



WHAT YOU CAN EXPECT FROM EACH CHECKUP

At each baby checkup, the doctor or healthcare provider may:

- Conduct a physical exam
- Check your baby's growth
- See if your baby is reaching key milestones. 'Milestones' refer to the expected behaviors and skills for a baby's age
- Give CDC-recommended vaccinations
- Provide information on how to help keep your baby healthy

Make your baby's checkups count

CDC=Centers for Disease Control and Prevention.



TOOLS TO KEEP YOUR BABY ON SCHEDULE

Count on these tools to help you remember your baby's checkups and vaccinations.



Personalized Vaccination Calendar

Create your own schedule for your child's CDC-recommended vaccines. This calendar will be made just for your baby. Go to VaccineCalendar.com.

SOME QUESTIONS TO ASK

Not sure what to ask? Here are some questions you can discuss with your baby's doctor:

- Is my baby growing as expected?
- Is my baby up to date on their CDC-recommended vaccines?
- When is my baby's next checkup?
- What milestones should I expect my baby to reach by their next visit?



BABY CHECKUPS:

FROM BIRTH TO AGE 2



The American Academy of Pediatrics (AAP) recommends 10 checkups during your baby's first 2 years. Your baby's first checkup will take place in the hospital right after they are born. If you have any questions about your baby's checkup schedule, talk to their doctor.

Some vaccines require multiple doses. They may be given over a range of time. Please refer to the CDC-recommended vaccine schedule on page 3.

- ★ **Key milestone:** Startles at sound
- 💉 **Vaccinations:** HepB (if not already received) • RSV*
- 💬 **Ask about:** Feedings (bottle or breastfeeding) and signs of illness

2 TO 5
DAY
CHECKUP

- ★ **Key milestone:** Briefly lifts head when on tummy
- 💉 **Vaccinations:** HepB
- 💬 **Ask about:** Use of pacifiers and using vitamin D drops (if breastfeeding)

1
MONTH
CHECKUP

- ★ **Key milestone:** Turns head toward a sound
- 💉 **Vaccinations:** HepB • RV • DTaP • Hib • PCV • IPV
- 💬 **Ask about:** Whether your baby is getting enough tummy time

2
MONTH
CHECKUP

- ★ **Key milestone:** Rolls from tummy to back
- 💉 **Vaccinations:** RV • DTaP • Hib • PCV • IPV
- 💬 **Ask about:** Sleep training

4
MONTH
CHECKUP

- ★ **Key milestone:** Sits with help, with good head control
- 💉 **Vaccinations:** HepB • RV • DTaP • Hib • PCV • COVID-19† • IPV • flu vaccine (if flu season)
- 💬 **Ask about:** Introducing solid foods

6
MONTH
CHECKUP

*If mother didn't receive an RSV vaccine during pregnancy, or received it within 14 days of baby's birth, it is recommended to give the baby (8 months or younger) one dose of RSV antibody during their first RSV season.
†Number of doses recommended depends on your child's age and type of COVID-19 vaccine used.

Vaccination Key

- HepB:** hepatitis B
- RV:** rotavirus vaccine
- DTaP:** diphtheria, tetanus, and pertussis
- Hib:** *Haemophilus influenzae* type b
- PCV:** pneumococcal conjugate vaccine
- COVID-19:** coronavirus disease 2019
- IPV:** inactivated polio vaccine
- MMR:** measles, mumps, and rubella
- HepA:** hepatitis A
- RSV:** respiratory syncytial virus

1 2 3 BABY CHECKUPS COUNT®

- ★ **Key milestone:** Gets into a sitting position and sits without help
- 💉 **Vaccinations:** None, unless your child missed previous vaccines or needs a flu vaccine
- 💬 **Ask about:** Using toothpaste

9
MONTH
CHECKUP

- ★ **Key milestone:** Pulls up to stand and cruises
- 💉 **Vaccinations:** HepB • Hib • PCV • IPV • MMR • Varicella • HepA
- 💬 **Ask about:** Weaning your baby off bottles and pacifiers

12
MONTH
CHECKUP

- ★ **Key milestone:** Understands simple commands
- 💉 **Vaccinations:** HepB • DTaP • Hib • PCV • IPV • MMR • Varicella • HepA
- 💬 **Ask about:** Handling tantrums

15
MONTH
CHECKUP

- ★ **Key milestone:** Runs
- 💉 **Vaccinations:** HepB • DTaP • IPV • HepA
- 💬 **Ask about:** Signs your child is ready for potty-training

18
MONTH
CHECKUP

- ★ **Key milestone:** Says more than 50 words
- 💉 **Vaccinations:** HepA
- 💬 **Ask about:** Potty-training

24
MONTH
CHECKUP

COUNT ON THE CDC VACCINATION SCHEDULE TO HELP GIVE YOUR BABY A HEALTHY START

By making it to each of the checkups, you can be sure that your baby is getting the vaccinations they need to help prevent potentially life-threatening diseases. The CDC-recommended vaccination schedule helps protect children against 16 vaccine-preventable diseases by the age of 2. For more information, visit [CDC.gov](https://www.cdc.gov), your online source for childhood vaccination information.



BE SURE TO FOLLOW THE FULL CDC-RECOMMENDED VACCINE SCHEDULE BELOW

2024 CDC-Recommended Immunizations for Birth Through 6 Years Old*

VACCINE OR PREVENTIVE ANTIBODY	BIRTH	1 MONTH	2 MONTHS	4 MONTHS	6 MONTHS	7 MONTHS	8 MONTHS	12 MONTHS	15 MONTHS	18 MONTHS	19 MONTHS	20-23 MONTHS	2-3 YEARS	4-6 YEARS
RSV antibody Respiratory Syncytial Virus	If mother has not received an RSV maternal vaccine during pregnancy						Depends on child's health status							
HepB Hepatitis B	Dose 1	Dose 2		Dose 3										
RV Rotavirus		Dose 1	Dose 2	Dose 3										
DTaP Diphtheria, Pertussis, & Tetanus		Dose 1	Dose 2	Dose 3					Dose 4					Dose 5
Hib Haemophilus influenzae type b		Dose 1	Dose 2	Dose 3				Dose 4						
PCV Pneumococcal		Dose 1	Dose 2	Dose 3				Dose 4						
IPV Polio		Dose 1	Dose 2	Dose 3									Dose 4	
COVID-19 Coronavirus disease 2019	At least 1 dose of updated (2023–2024 formula) COVID-19 vaccine													
Flu Influenza	Every year: two doses for some children													
MMR Measles, Mumps, & Rubella								Dose 1						Dose 2
Varicella Chickenpox								Dose 1						Dose 2
HepA Hepatitis A								2 doses separated by 6 months						

KEY

- ALL children should be immunized at this age.
- SOME children should get this dose of vaccine or preventive antibody at this age.

Talk to your child's healthcare provider for more guidance if:

1. Your child has any medical condition that puts them at higher risk for infection.
2. Your child is traveling outside the United States.
3. Your child misses a vaccine recommended for their age.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

FOR MORE INFORMATION
Call toll-free: 1-800-CDC-INFO (1-800-232-4636)
Or visit: www.cdc.gov/vaccines/parents

This content was adapted by Pfizer from the CDC's 2024 childhood immunization schedule.
*This is a resource intended for parents or caregivers; there is a more detailed healthcare professional version of the schedule available on the CDC website.

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DTaP=diphtheria, tetanus, and pertussis; HepA=hepatitis A; HepB=hepatitis B; Hib=Haemophilus influenzae type b; COVID-19= coronavirus disease 2019; IPV=inactivated polio vaccine; MMR=measles, mumps, and rubella; PCV=pneumococcal conjugate vaccine; RV=rotavirus vaccine; RSV=respiratory syncytial virus.

This content was adapted by Pfizer from the CDC's 2024 childhood immunization schedule.



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Page 3 of 3