THE BABY CHECKUPS GUIDE

A guide designed to help you learn about each checkup from birth to age 2



WHAT YOU CAN EXPECT FROM EACH CHECKUP

At each baby checkup, the doctor or healthcare provider may:

- Conduct a physical exam
- · Check your baby's growth
- See if your baby is reaching key milestones. 'Milestones' refer to the expected behaviors and skills for a baby's age
- Give CDC-recommended vaccinations
- Provide information on how to help keep your baby healthy

Make your baby's checkups count

CDC=Centers for Disease Control and Prevention.



TOOLS TO KEEP YOUR BABY ON SCHEDULE

Count on these tools to help you remember your baby's checkups and vaccinations.



Personalized Vaccination Calendar Create your own schedule for vour child's CDC-recommended vaccines. This calendar will be made just for your baby. Go to

SOME QUESTIONS TO ASK

Not sure what to talk about? Here are some questions you can ask your baby's doctor:

- Is my baby growing as expected?
- Is my baby up to date on their **CDC-recommended vaccines?**
- When is my baby's next checkup?
- What milestones should I expect my baby to reach by their next visit?



For more information and to download a digital version of this guide, visit

BabyCheckupsCount.com

(x) Key milestone: Prenatal vaccination

Vaccinations: DTaP • RSV • and others

Ask about: Which vaccines you are recommended

to receive during pregnancy

(Key milestone: Startles at sound

Vaccinations: HepB (if not already received) • RSV

Ask about: Feedings (bottle or breastfeeding) and signs of illness







Ask about: Using pacifiers and vitamin D drops (if breastfeeding)



(x) Key milestone: Turns head toward a sound

Vaccinations: HepB • RV • DTaP • Hib • PCV • IPV

Ask about: Whether your baby is getting enough tummy time



 ★ Key milestone: Rolls from tummy to back

Vaccinations: RV • DTaP • Hib • PCV • IPV

Ask about: Sleep training



BABY CHECKUPS:

FROM BIRTH TO AGE 2

The American Academy of Pediatrics (AAP) recommends 10 checkups during your baby's first 2 years. Your baby's first checkup will take place in the hospital right after they are born. If you have any questions about your baby's checkup schedule, talk to their doctor.

Some vaccines require multiple doses. They may be given over a range of time. Please refer to the CDC-recommended vaccine schedule below.



(x) Key milestone: Sits with help, with good head control

Vaccinations: HepB • RV • DTaP • Hib • PCV • COVID-19 • IPV • flu vaccine (if flu season)

Ask about: Introducing solid foods

*If mother didn't receive an RSV vaccine during pregnancy, or received it within 14 days of baby's birth, it is recommended to give the baby (8 months or younger) one dose of RSV antibody during their first RSV season.

[†]Number of doses recommended depends on your child's age and type of COVID-19 vaccine used.



(x) **Key milestone:** Gets into a sitting position and sits without help

Vaccinations: None, unless your child missed prior vaccines or needs a flu vaccine

Ask about: Using toothpaste

Vaccination Key

HepB: hepatitis B

RV: rotavirus vaccine

DTaP: diphtheria, tetanus, and pertussis Hib: Haemophilus influenzae type b PCV: pneumococcal conjugate vaccine COVID-19: coronavirus disease 2019 IPV: inactivated polio vaccine

MMR: measles, mumps, and rubella

HepA: hepatitis A

RSV: respiratory syncytial virus



Key milestone: Pulls up to stand

Vaccinations: HepB • Hib • PCV • IPV • MMR • Varicella • HepA

Ask about: Weaning your baby off bottles and pacifiers



(x) Key milestone: Understands simple commands

Vaccinations: HepB • DTaP • Hib • PCV • IPV • MMR • Varicella • HepA

Ask about: Handling tantrums



(A) Key milestone: Says more than 50 words

✓ Vaccinations: HepA

Ask about: Potty training





(Key milestone: Runs

Vaccinations: HepB • DTaP • IPV • HepA

Ask about: Signs your child is ready for potty training

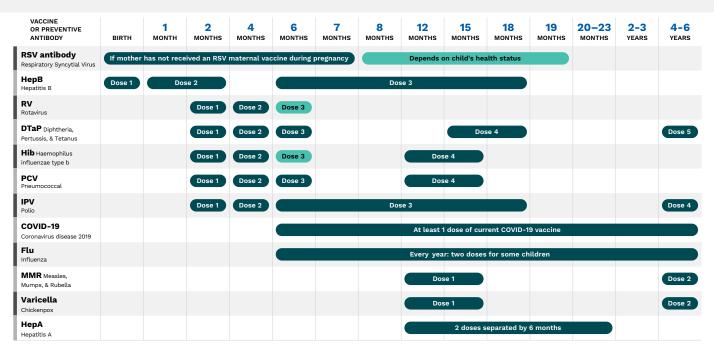
COUNT ON THE CDC VACCINATION SCHEDULE TO HELP GIVE YOUR BABY A HEALTHY START

By making it to each of the checkups, you can be sure that your baby is getting the vaccinations they need to help prevent potentially life-threatening diseases. The CDC-recommended vaccination schedule helps protect children against 16 vaccine-preventable diseases by the age of 2. For more information, visit CDC.gov, your online source for childhood vaccination information.



BE SURE TO FOLLOW THE FULL CDC-RECOMMENDED VACCINE SCHEDULE BELOW

2025 CDC-Recommended Immunizations for Birth Through 6 Years Old*



KEY

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ALL children should be immunized at this age.

SOME children should get this dose of

Talk to your child's healthcare provider for more guidance if:

1. Your child has any medical condition that puts them at higher risk for infection.

2. Your child is traveling outside the United States.

3. Your child misses a vaccine recommended for their age.

U.S. Department of Health and Human Services

Centers for Disease Control and Prevention

FOR MORE INFORMATION

Call toll-free: 1-800-CDC-INFO (1-800-232-4636)
Or visit: https://www.cdc.gov/vaccines-children/

This content was adapted by Pfizer from the CDC's 2025 childhood immunization schedule.

*This is a resource intended for parents or caregivers; there is a more detailed healthcare professional version of the schedule available on the CDC website.

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February 2025 Pfizer

COVID-19=coronavirus disease 2019; DTaP=diphtheria, tetanus, and pertussis; HepA=hepatitis A; HepB=hepatitis B; Hib=*Haemophilus influenzae* type b; IPV=inactivated polio vaccine; MMR=measles, mumps, and rubella; PCV=pneumococcal conjugate vaccine; RV=rotavirus vaccine; RSV=respiratory syncytial virus.

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PP-PNR-USA-2941

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March 2025