

# The Baby Checkups “Crib Sheet”

## 15 to 24 months

This resource describes each baby checkup, from when your baby is 15 to 24 months old. It will help you prepare for each visit and have a better sense of what to expect. It lists the CDC-recommended vaccines that may be given at each doctor’s appointment. It also includes topics you may want to discuss with the doctor. It also describes key milestones your baby may be reaching as they age. The word ‘milestones’ refers to the expected behaviors and skills for a baby’s age. Remember, each baby is different and may achieve milestones at a different pace.

### 15 MONTH CHECKUP

### 18 MONTH CHECKUP

### 24 MONTH CHECKUP

#### Milestones

- |  |   |   |  |   |
|--|---|---|--|---|
| <ul style="list-style-type: none"> <li>• Understands simple commands</li> <li>• Shakes their head “no”</li> <li>• Uses a sippy cup</li> <li>• Enjoys looking at books</li> <li>• Picks up and moves toys intentionally</li> <li>• Says 2 to 3 words</li> </ul> | <ul style="list-style-type: none"> <li>• Says as many as 10 to 20 words</li> <li>• Scribbles on their own</li> <li>• Walks up stairs while holding your hand</li> <li>• Runs</li> </ul> | <ul style="list-style-type: none"> <li>• Helps undress themselves</li> <li>• Eats with a spoon</li> <li>• Points to at least one body part</li> <li>• Starts to pretend play</li> </ul> | <ul style="list-style-type: none"> <li>• Says more than 50 words</li> <li>• Says short sentences</li> <li>• Follows two-step commands</li> <li>• Copies adults and older kids</li> </ul> | <ul style="list-style-type: none"> <li>• Sings</li> <li>• Jumps with both feet; kicks or throws a ball</li> <li>• Names many body parts and people</li> <li>• Stacks objects</li> <li>• Plays alongside other kids</li> </ul> |
|--|---|---|--|---|

#### Vaccinations

HepB • DTaP • Hib • PCV  
IPV • MMR • VAR • HepA

HepB • DTaP • IPV • HepA

HepA

#### Ask about

- |  |  |  |
|--|--|--|
| <ul style="list-style-type: none"> <li>• Teaching your child words by reading and naming objects</li> <li>• Bedtime routine and timing</li> <li>• Handling tantrums</li> <li>• Patience with messy mealtimes</li> <li>• Setting rules and limits</li> <li>• Home, car, and outdoor safety</li> </ul> | <p>Any topics from the prior checkups, plus:</p> <ul style="list-style-type: none"> <li>• Teaching your child not to hit and bite</li> <li>• Describing things using simple words</li> <li>• Signs your child is ready for potty training</li> </ul> | <p>Any topics from the prior checkups, plus:</p> <ul style="list-style-type: none"> <li>• Using time-outs</li> <li>• Potty training</li> <li>• Reading and playing instead of watching TV</li> <li>• Sharing and getting along with others</li> <li>• Getting ready for preschool</li> </ul> |
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### BEYOND 2 YEARS

Your child’s checkups become less frequent after 24 months. But they are still critical touchpoints with your doctor. Checkups are recommended twice a year until age 3 and once a year after that.

#### Vaccination Key

**CDC**=Centers for Disease Control and Prevention; **DTaP**=diphtheria, tetanus, and pertussis; **HepA**=hepatitis A; **HepB**=hepatitis B; **Hib**=*Haemophilus influenzae* type b; **IPV**=inactivated polio vaccine; **MMR**=measles, mumps, rubella; **PCV**=pneumococcal conjugate vaccine; **VAR**=varicella.

 Use the reverse side of this page to take notes. →