

**Litfulo**<sup>®</sup>  
(ritlecitinib) capsules  
50mg

# Get to know **LITFULO**<sup>®</sup>

A guide designed to help you make  
the most of your treatment

Not an actual patient. Image used for disease representation.



LITFULO is used in adults and  
adolescents aged 12 years and older  
to treat severe alopecia areata.

# Introduction

**Your doctor has prescribed LITFULO (ritlecitinib) for your severe alopecia areata.**

This brochure will explain what LITFULO is, how it works, and what you should know before beginning your treatment.

The information in this brochure does not replace the guidance and advice of your doctor. If you have any questions, please talk to your doctor or pharmacist.

Please also refer to the Patient Information Leaflet found on the medicine bottle.

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# About alopecia areata

## What is alopecia areata?

Alopecia areata is an **autoimmune disease** that causes an attack on the hair follicles, disrupting normal hair growth and resulting in hair loss. It's important to note that while this condition causes hair loss, it does not destroy the hair follicles.

Hair loss from alopecia areata usually occurs on the scalp but can extend to areas like the eyebrows and eyelashes. Patients may experience times when hair loss may worsen (relapse) and times when the hair grows back (remission).

## What causes alopecia areata?

The exact cause of alopecia areata is unknown. While there is some data to suggest physical or emotional stress can trigger an episode of alopecia areata, there is increasing evidence that genetics and immune system function play a large role.

\*This section is not representative of all the different types of alopecia areata.

## Who does it impact?

This disease affects all genders, ages, and ethnicities. It's estimated that up to 2% of the world's population may develop alopecia areata over the course of their lifetime.

## What are some of the different types of alopecia areata?\*

Each type is defined by the amount and location of hair loss.

- **Patchy alopecia areata**  
Small, round bald spots on the scalp, eyebrows, eyelashes, and/or body
- **Alopecia totalis**  
Total loss of hair on the scalp
- **Alopecia universalis**  
Total loss of hair on the scalp, face, and body

# About LITFULO

## What is LITFULO?

LITFULO is a prescription medicine used to treat severe alopecia areata in people 12 years of age and older.

It is not approved for use in children below 12 years of age.

## How does LITFULO work?

LITFULO reduces the activity of certain enzymes in your body called kinases. This changes the way your immune system works and reduces inflammation. This allows for hair regrowth in people with severe alopecia areata.

## Taking LITFULO

- Take one capsule, once a day
- Swallow capsule whole with water
- Do not split, crush, or chew
- Take with or without food
- Keep your medicine out of the sight and reach of children
- Store at room temperature (15°C to 30°C) in the original package



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If you have any questions or concerns about taking your medication, speak to your doctor or pharmacist.

## Be patient with your treatment

Patients may respond to LITFULO differently, so if you are feeling unsure or discouraged about your treatment progress, contact your doctor.

After 36 weeks, your healthcare professional will evaluate your treatment progress. They may stop your treatment, depending on your response to LITFULO.



**Do not stop LITFULO treatment without first discussing with your doctor.**





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## What if I miss a dose?

Take LITFULO as soon as possible. If it is less than 8 hours before the next dose, skip the dose. Take the next dose at your usually scheduled time.

**Setting a reminder** on your phone may help ensure that you don't forget to take LITFULO. It can be helpful to take your dose at the same time each day.

# Before starting LITFULO

## Do not use LITFULO if you:

- are allergic to ritlecitinib tosylate or to any of the other ingredients in LITFULO.
- are pregnant or are planning to become pregnant.
- are breast-feeding or are planning to breast-feed. Talk to your doctor or pharmacist about the best way to feed your baby while taking LITFULO.
- have severe liver problems.

## Talk to your doctor or pharmacist before and during treatment with LITFULO if you:

- have an infection, including one that doesn't go away or comes back. You must not take LITFULO if you have an active infection.
- have a weakened immune system due to a medical condition.
- take a medicine that weakens your immune system, since it is not recommended to use LITFULO with these medicines.
- have recently had or plan to receive a vaccination with a live or attenuated vaccine. This includes vaccines for shingles.
- have hepatitis virus B or C infection.

- have recently travelled to regions with high rates of fungal infection.
- have low platelet count or white blood cell count.
- have or have had cancer.
- have kidney problems or have had a kidney transplant.
- have diabetes or are aged 65 years or older, since people with these conditions have a higher chance of infections.
- have heart problems or have had a stroke or heart attack.
- have had a blood clot in the veins or arteries of your leg, lung, or eye.
- have a skin condition called eczema.
- have difficulty digesting or breaking down some sugars, a condition called lactose intolerance.

The most common side effects of LITFULO include diarrhea, acne, a rash, dizziness, an increase in an enzyme called creatine phosphokinase (shown by blood test), and folliculitis (inflammation of the hair follicles or pores).

These are not all the possible side effects of taking LITFULO. If you experience any side effects not listed here, tell your healthcare professional.

# The PfizerFlex Patient Support Program

Support throughout your entire treatment journey



Your healthcare professional may have enrolled you in PfizerFlex. PfizerFlex is a support program with features designed specifically to the needs of people with severe alopecia areata.

## Our Services



Live support, available from our dedicated team and your PfizerFlex nurse, for questions about the program or treatment with LITFULO



Reimbursement expertise to help you find and secure coverage for your treatment plan



Experienced team members can help you access your medication as quickly as possible



Practical tools to help you navigate your treatment plan

For more information or to register for the support program, call: 1-855-935-FLEX (3539) (Monday-Friday, 8:00 AM-8:00 PM EST)  
or email: [LITFULO@pfizerflex.com](mailto:LITFULO@pfizerflex.com)



Visit [litfulo.ca](https://litfulo.ca) to learn more

Use the Drug Identification Number (DIN) for LITFULO to access the website. The DIN is an 8-digit number located on your LITFULO label.

**DIN:** 02543532

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