

FRANÇAIS

EVERYONE'S INVITED

When you're an allergen-conscious host



There's nothing better than gathering loved ones to enjoy a warm, home-cooked meal around your own table.

A little goes a long way to make sure everyone can have the same fun.

The most welcoming host is an allergenconscious host. Try some allergen-friendly takes on festive favourites and get inspired to create your own to suit your guests' tastes.



"Food is a big part of celebrations all around the world. It's how we connect with each other.

When I host, I want all my guests to share in the experience, so I plan a menu I know everyone can enjoy."

Chuck Hughes

Chef, television personality & restaurateur



Chef Chuck Hughes' Breakfast Casserole

It's called breakfast, but this bread pudding casserole bake can be enjoyed any time of day.

VIEW RECIPE





Lentil & Squash Soup

A rich and hearty, nut-free and dairy-free soup to warm the soul.





"Cheesy" Crackers

Made with nutritional yeast for an allergenconscious cheese and cracker experience.

VIEW RECIPE



Shepherd's Pie

Bring this fan-favourite to your table without dairy or eggs.





Festive Brownie Pops

No-bake, flavourful bites that will make any dessert table pop.

VIEW RECIPE







Pouding chômeur

This take on a classic Quebecoise maple cake uses wheat, egg, and dairy alternatives.

VIEW RECIPE

Gingerbread Cookies

Delightfully chewy and spicy, these classic cookies contain no dairy, eggs or wheat.

VIEW RECIPE

BE THE MOST WELCOMING HOST

Entertaining this season? Make sure you prepare your home so Everyone's Invited.

FIND OUT HOW

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