

# Navigating your treatment journey: **From Being a Patient to Becoming a Partner**

## Did you know...

that asking questions during appointments with your healthcare provider may benefit your overall health? It may also be beneficial when your healthcare provider takes the time to ask you questions.<sup>1,2</sup>

### What is HYMPAVZI™ (marstacimab-hncq)?

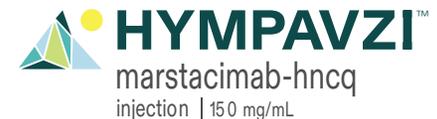
HYMPAVZI is a prescription medicine used to prevent or reduce the frequency of bleeding episodes in adults and children 12 years of age and older with hemophilia A without factor VIII inhibitors or hemophilia B without factor IX inhibitors.

It is not known if HYMPAVZI is safe and effective in children younger than 12 years old.

### IMPORTANT SAFETY INFORMATION

**Important: Before you start using HYMPAVZI, it is very important to talk to your healthcare provider about using factor VIII and factor IX products** (products that help blood clot but work in a different way than HYMPAVZI). You may need to use factor VIII or factor IX medicines to treat episodes of breakthrough bleeding during treatment with HYMPAVZI. Carefully follow your healthcare provider's instructions regarding when to use factor VIII or factor IX medicines and the prescribed dose during your treatment with HYMPAVZI.

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## The relationship with your healthcare provider is a partnership...

It's about working together and having open conversations, along with following medical advice. It also means ensuring treatments fit not only your medical needs but also your lifestyle, life goals, and what matters most to you and those you care for.<sup>3,4</sup>

This approach is called **Shared Decision Making**. Creating a trusting partnership between patients and healthcare providers through shared decision making may lead to better health.<sup>1,4,5</sup>

This step-by-step shared decision making guide may help you chart the best course through shared decision making with your healthcare provider.

### **IMPORTANT SAFETY INFORMATION (cont'd)**

**Before using HYMPAVZI™ (marstacimab-hncq), tell your healthcare provider about all of your medical conditions, including if you:**

- have a planned surgery. Your healthcare provider may stop treatment with HYMPAVZI before your surgery. Talk to your healthcare provider about when to stop using HYMPAVZI and when to start it again if you have a planned surgery.
- have a severe short-term (acute) illness such as an infection or injury.
- are pregnant or plan to become pregnant. HYMPAVZI may harm your unborn baby.

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*Shared decision making means understanding your options and weighing the pros and cons to make an informed decision.<sup>3</sup>*

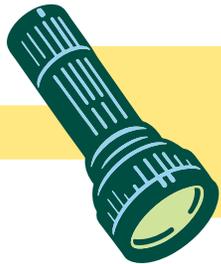
To help make the decision that's right for you, here are 4 suggested steps to take with your healthcare provider. The following pages will explore each step in more detail.



## **STEP 1:** Explore your treatment options



## **STEP 2:** Take a closer look at your needs



## **STEP 3:** Prepare for your appointment



## **STEP 4:** Ask questions that are important to you

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## STEP 1: Explore your treatment options

To understand your treatment options, it's important to gather information from different sources, including your healthcare provider.<sup>6,7</sup>

*Your healthcare provider is your best resource for medical information and advice.*

- **Keep track of information** by using a notebook or your phone. This can help you remember key details from your healthcare provider and care team. Take notes on what you don't understand or questions you have. Consider seeking information from other patient advocacy organizations, academic centers, government sites, and your hemophilia treatment center.
- **Find local, regional, or national hemophilia patient advocacy groups.** They offer many resources and tips to help manage your health.
- **Engage with your community.** Join support groups, attend conferences, participate in online communities, and connect with others who understand hemophilia.

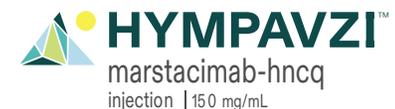
**REMEMBER:**  
*Social media can sometimes be a helpful source, but may not always give a balanced view.*

### IMPORTANT SAFETY INFORMATION (cont'd)

#### Females who are able to become pregnant:

- Your healthcare provider will do a pregnancy test before you start your treatment with HYMPAVZI™ (marstacimab-hncq).
- You should use effective birth control (contraception) during treatment with HYMPAVZI and for at least 2 months after the last dose of HYMPAVZI.
- Tell your healthcare provider right away if you become pregnant or think that you may be pregnant during treatment with HYMPAVZI.
- are breastfeeding or plan to breastfeed. It is not known if HYMPAVZI passes into your breast milk.

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## STEP 2: Take a closer look at your needs<sup>4,8-10</sup>

Consider sharing the following with your healthcare provider.

What works for others may not work for you. Here are some things to help identify your unique needs.

- Share your key life goals—no matter how large or small (going away to college, starting a job, getting the kids to school on time).
- Consider how treatment may affect your daily routine.
- Observe and document the pattern and frequency of your bleeding episodes.
- Think about what is and isn't working in your current treatment plan.

### More things to think about:

- Your health and wellness goals
- New or worsening signs or symptoms or change in health status
- Mental health concerns such as anxiety, stress, or depression
- Alternative or complementary therapies (such as supplements, exercise, food choices)

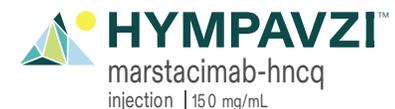
### Real-world examples of shared decision making in action

- A child talks about an upcoming lifestyle change, such as starting summer camp.
- A healthcare provider mentions a newly available treatment option.
- A caregiver expresses dissatisfaction with how current treatment fits into their routine.
- A patient asks how a new sport or activity might affect their condition.

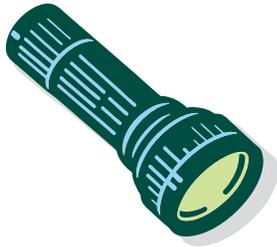
### IMPORTANT SAFETY INFORMATION (cont'd)

Tell your healthcare provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, and herbal supplements.

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## STEP 3: Prepare for your appointment<sup>11</sup>

### Preparation is key.

**Getting ready for your conversation can start days or even weeks before the appointment.**

- Use a notebook or phone for notes and questions.
- Bring any research or materials you've gathered.
- Write down key details to help you remember.

**Be prepared with questions in advance and ask your question again if anything is unclear.**



### IMPORTANT SAFETY INFORMATION (cont'd)

**What are the possible side effects of HYMPAVZI™ (marstacimab-hncq)?**

**HYMPAVZI may cause serious side effects, including:**

- **blood clots (thromboembolic events).** HYMPAVZI may increase the risk for your blood to clot. Blood clots may form in blood vessels in your arm, leg, lung, or head and can be life-threatening. Get medical help right away if you develop any of these signs or symptoms of blood clots: swelling or pain in arms or legs, redness or discoloration in your arms or legs, shortness of breath, pain in chest or upper back, fast heart rate, cough up blood, feel faint, headache, numbness in your face, eye pain or swelling, trouble seeing

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 **HYMPAVZI™**  
marstacimab-hncq  
injection | 150 mg/mL





## STEP 4: Ask questions that are important to you

Suggested questions to guide your conversation (*continued on next page*)

### Treatment

- Can you tell me more about how HYMPAVZI™ (marstacimab-hncq) works?\*
- What are the long- and short-term risks and benefits?
- How will we know if this treatment is working?
- Are there specific tests required before starting treatment?
- How does this treatment compare to others?
- How do I manage a breakthrough bleed?
- What monitoring is needed while on HYMPAVZI?

### Administration

- How do I take HYMPAVZI?
- How often will I need to take HYMPAVZI?
- How do I travel with HYMPAVZI? Do I need to know any special considerations?
- Will I need follow-ups and monitoring with HYMPAVZI?
- What is the process for switching to HYMPAVZI?
- Is there anything I need to consider when switching to HYMPAVZI?

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### IMPORTANT SAFETY INFORMATION (cont'd)

**What are the possible side effects of HYMPAVZI?**

**HYMPAVZI may cause serious side effects, including (cont'd):**

- **allergic reactions.** Allergic reactions, including rash and itching have happened in people treated with HYMPAVZI. Stop using HYMPAVZI and get medical help right away if you develop any of the following symptoms of a severe allergic reaction: swelling of your face, lips, mouth, or tongue; trouble breathing; wheezing; dizziness or fainting; fast heartbeat or pounding in your chest; sweating

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## STEP 4: Ask questions that are important to you

Suggested questions to guide your conversation

### Goals

- Are there tips on how to fit this into my weekly routine?
- I like to go swimming and hiking. How do I store my medication?
- Are there special considerations for flying or storing HYMPAVZI™ (marstacimab-hncq) during travel?

### More information

- Is there any other information (such as websites, videos, or brochures) I can read?
- Are there any financial resources that can help with treatment costs?

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### IMPORTANT SAFETY INFORMATION (cont'd)

**The most common side effects of HYMPAVZI are injection site reactions, headache, and itching.**

These are not all the possible side effects of HYMPAVZI. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

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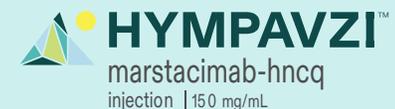
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  - shortness of breath
  - pain in chest or upper back
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  - cough up blood
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# The Road Ahead: Keep the Dialogue Open

Shared decision making is an ongoing process. As life changes and new situations arise, revisit and refine your care plan together with your healthcare provider.<sup>5</sup>

## Additional Resources

### Pfizer Patient Navigators are available for educational resources.

Pfizer Patient Navigators (PNs) do not provide medical advice; however, they can connect you to information and other support resources—whether that be at Pfizer, or beyond. **TogetherforRare.com** is Pfizer's site that helps begin the process of connecting to a PN.

[Learn more](#)

### Read more about HYMPAVZI™ (marstacimab-hncq), an innovative way to treat hemophilia.

Learn about this alternative to traditional factor replacement therapy, called rebalancing therapy, at [www.HYMPAVZI.com](http://www.HYMPAVZI.com).

[Learn more](#)

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**References:** 1. Centers for Disease Control and Prevention. Patient Engagement and Health Literacy Research Summary. Updated October 12, 2023. Accessed February 15, 2025. [www.cdc.gov/health-literacy/php/research-summaries/patient-engagement.html](http://www.cdc.gov/health-literacy/php/research-summaries/patient-engagement.html) 2. Greene J, Hibbard JH, Sacks R, Overton V, Parrotta CD. When patient activation levels change, health outcomes and costs change, too. *Health Aff (Millwood)*. 2015;34(3):431-437. doi:10.1377/hlthaff.2014.0452 3. Elwyn G, Frosch D, Thomson R, et al. Shared decision making: a model for clinical practice. *J Gen Intern Med*. 2012;27(10):1361-7. doi:10.1007/s11606-012-2077-6 4. National Bleeding Disorders Foundation. Shared Decision Making. Accessed February 13, 2025. [www.bleeding.org/bleeding-disorders-a-z/treatment/shared-decision-making](http://www.bleeding.org/bleeding-disorders-a-z/treatment/shared-decision-making) 5. Valentino LA, Blanchette V, Negrier C, et al. Personalising haemophilia management with shared decision making. *J Haemophilia Pract*. 2021;8(1):69-79. doi:10.17225/jhp00178 6. Aldridge S. How to talk to your doctor. *HemaWare*. Updated April 15, 2014. Accessed February 16, 2025. [hemaware.org/mind-body/how-talk-your-doctor](http://hemaware.org/mind-body/how-talk-your-doctor) 7. Chen R, Muralidharan K, Samelson-Jones BJ. Digital haemophilia: Insights into the use of social media for haemophilia care, research and advocacy. *Haemophilia*. 2022;28(2):247-253. doi:10.1111/hae.14510 8. World Federation of Hemophilia. Shared Decision-Making Tool. Accessed February 15, 2025. [sdm.wfh.org](http://sdm.wfh.org) 9. Nossair F, Thornburg CD. The role of patient and healthcare professionals in the era of new hemophilia treatments in developed and developing countries. *Ther Adv Hematol*. 2018;9(8):239-249. doi:10.1177/2040620718784830 10. National Institute on Aging. *What do I need to tell the doctor?* National Institutes of Health. Accessed February 15, 2025. [www.nia.nih.gov/health/medical-care-and-appointments/what-do-i-need-tell-doctor](http://www.nia.nih.gov/health/medical-care-and-appointments/what-do-i-need-tell-doctor) 11. Stanton M. Going to the doctor. *HemaWare*. Updated August 26, 2011. [hemaware.org/life/going-doctor](http://hemaware.org/life/going-doctor)