

ATTR-CM

(transthyretin amyloid cardiomyopathy)

the **TTR** protein folds incorrectly

and over time these misfolded proteins join together and buildup in the body, including in the heart,

causing the heart muscle to thicken and stiffen (cardiomyopathy (CM)) and eventually leads to heart failure



ATTR-CM:

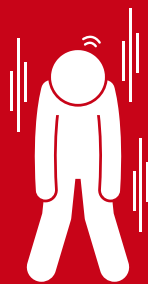
- Is rare
- Often is underdiagnosed or misdiagnosed
- Can cause heart failure
- Can lead to AFib

Treatment

Although there is currently no cure for ATTR-CM, it's important to discuss treatment options with your doctor.

Some treatments for ATTR-CM treat the underlying problem while others help with the symptoms.

Note: Some heart failure medications can make ATTR-CM worse. Talk to your doctor!

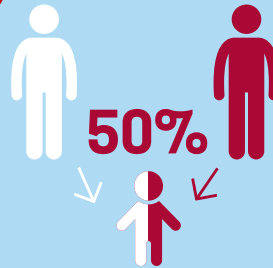


The Mended Hearts, Inc.



Two types

1 hereditary (hATTR-CM): variant in TTR gene



If one parent has hATTR-CM, their child has a 50% chance of inheriting the genetic variant that may cause it.

2 wild type: occurs for no known reason

- is thought to be associated with aging
- mostly found in Caucasian men over 60

Symptoms

- Shortness of breath (most common)
- Swelling in the lower legs
- Gastrointestinal issues (e.g., diarrhea)
- Fatigue, excessive tiredness
- Numbness, strange tingling sensation or pain in the toes or feet
- Worsening of heart failure symptoms even with medication

Learn more at:
www.mendedhearts.org

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