

2025 PAEDIATRIC – ADULT TRANSITION SUMMIT

ENDOCRINE CARE ACROSS THE LIFESPAN

Express your interest in joining us for the:
2025 Paediatric-Adult Endocrine Transition Summit: Endocrine Care Across the Lifespan
September 13 – 14 at Intercontinental Sydney

This event will bring together paediatric and adult endocrinologists, endocrine nurses, and trainees to explore the complexities of transitioning patients across the lifespan. Guided by this year's theme, **Endocrine Care Across the Lifespan**, the program will feature expert-led plenary sessions and interactive workshops focused on best-practice transition planning, evolving management strategies, and multidisciplinary, team-based care.

PENDING CPD HOME APPROVAL 		
6 hours Educational Activity (EA)	4 hours Performance Review (PR)	15 hours Measurement of Outcomes (MO)

MEET THE CO-CHAIRS



A/PROF TONY HUYNH

Director, Endocrinology & Diabetes, Queensland Children's Hospital, Queensland; Associate Professor, Child Health Research Centre, University of Queensland



PROF RODERICK CLIFTON-BLIGH

Senior Staff Specialist, Department of Endocrinology, Royal North Shore Hospital, Sydney; Professor in Medicine and Co-Head, Cancer Genetics Laboratory, Kolling Institute, University of Sydney



RACHEL ROMANS

Clinical Nurse Specialist, Endocrinology, Perth Children's Hospital, Western Australia

SUMMIT STREAMS

- METABOLIC BONE DISEASE
- CONGENITAL ADRENAL HYPERPLASIA
- HYPOTHALAMIC OBESITY
- HYPOGONADOTROPIC HYPOGONADISM
- ACROMEGALY AND GIGANTISM

SCAN TO REGISTER YOUR INTEREST



Proudly funded and organised by Pfizer, with expert steering committee input supported by United Clinical



Pending CPD HOME approval for 25 hrs EA, RP, MO



PP-NGE-AUS-0402 07/25 Sydney, Australia

TOPIC STREAM OVERVIEW

The 2025 Paediatric-to-Adult Endocrine Transition Summit will explore complex endocrine conditions that require coordinated care across the lifespan. Each topic stream will pair a paediatric and an adult endocrinologist to discuss the patient journey from early diagnosis through transition and long-term adult management. Endocrine nurses will also be involved to provide multidisciplinary insight.

While final presentations are in development, the following topic streams reflect the confirmed structure of the program:

Metabolic Bone Disease

This session will explore conditions such as X-linked hypophosphataemia and osteogenesis imperfecta. Likely considerations include diagnosis, treatment optimisation across growth phases, and adult surveillance and management.

Congenital Adrenal Hyperplasia (CAH)

A lifelong adrenal condition with transition challenges around steroid management, fertility, and stress dosing. The session will explore current protocols, gender-specific needs, and long-term risks.

Hypothalamic Obesity

This often-overlooked condition presents unique challenges in adolescence and adulthood. Discussions will explore the underlying aetiology, behavioural and pharmacologic management, and multidisciplinary support needs over time.

Pituitary Disorders – Hypogonadotropic Hypogonadism

This stream considers questions relating to delayed puberty, fertility considerations, and hormonal replacement in the neonatal, and transitional and adult care perspective. Pituitary imaging and evolving management strategies will also be explored.

Growth Disorders – Acromegaly and Gigantism

Building on shared growth-hormone-related pathology, this session will address the clinical distinctions between gigantism and acromegaly, covering growth monitoring, surveillance, and treatment escalation.

Defining the Transition of Care

Debate Statement: *“Adult endocrinologists have no role in managing patients under 16.”*

This evening debate will provoke discussion on where paediatric care ends, what constitutes readiness for transition, and how shared care models might evolve to meet patient and system needs.