

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

Pr **PRECEDEX**<sup>®</sup>

Dexmedetomidine Hydrochloride for Injection  
Solution, 100 mcg/mL dexmedetomidine (as dexmedetomidine hydrochloride), intravenous infusion  
(Concentrate, 2 mL vial)

Dexmedetomidine Hydrochloride Injection  
Solution, 4 mcg/mL dexmedetomidine (as dexmedetomidine hydrochloride), intravenous infusion  
(Ready to use, 20 mL, 50 mL and 100 mL vials)

Alpha2-adrenergic agonist

Pfizer Canada ULC  
17300 Trans-Canada Highway  
Kirkland, Quebec H9J 2M5

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<sup>®</sup> Orion Corporation  
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## RECENT MAJOR LABEL CHANGES

4.0 DOSAGE AND ADMINISTRATION; 4.2 Recommended Dose and Dosage Adjustment	02/2024
7.0 Warnings and Precautions	02/2024

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## PART I: HEALTH PROFESSIONAL INFORMATION

### 1 INDICATIONS

Precedex<sup>®</sup> (Dexmedetomidine Hydrochloride for Injection, Dexmedetomidine Hydrochloride Injection) is indicated for:

- Intensive Care Unit Sedation

Precedex<sup>®</sup> is indicated for sedation of initially intubated and mechanically ventilated adult patients during treatment in an intensive care setting by continuous intravenous infusion. The Precedex<sup>®</sup> infusion should not generally exceed 24 hours.

Precedex<sup>®</sup> has been continuously infused in mechanically ventilated patients prior to extubation, during extubation, and post-extubation. It is not necessary to discontinue Precedex<sup>®</sup> prior to extubation.

- Conscious Sedation

Precedex<sup>®</sup> is indicated for sedation of non-intubated adult patients prior to and/or during surgical and other procedures by continuous intravenous infusion for the following procedures:

- Monitored Anesthesia Care (MAC) with an adequate nerve block and/or local infiltration; and
- Awake Fiberoptic Intubation (AFI) with adequate topical preparation of the upper airway with local lidocaine formulations.

Due to insufficient safety and efficacy data, Precedex<sup>®</sup> is not recommended for use in procedures other than the two listed above.

#### 1.1 Pediatrics

Pediatrics (< 18 years of age): Limited data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use. (see [8.2.1 ADVERSE REACTIONS, Clinical Trial Adverse Reactions - Pediatrics](#), [10 CLINICAL PHARMACOLOGY, Special Populations and Conditions, Pediatrics](#))

#### 1.2 Geriatrics

Geriatrics (> 65 years of age): Dosage adjustment in this population is recommended (see [4 DOSAGE AND ADMINISTRATION](#)).

### 2 CONTRAINDICATIONS

- Precedex<sup>®</sup> (Dexmedetomidine Hydrochloride for Injection, Dexmedetomidine Hydrochloride Injection) is contraindicated in patients who are hypersensitive to the active substance of this drug or to any ingredient in the formulation, including any non-medicinal ingredient, or component of the container. For a complete listing, see the [6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING](#)

## 4 DOSAGE AND ADMINISTRATION

### 4.1 Dosing Considerations

- Precedex<sup>®</sup> should be used only in facilities adequately staffed and equipped for anesthesia, resuscitation, and cardiovascular monitoring.
- Precedex<sup>®</sup> is indicated for short-term intravenous sedation. Precedex<sup>®</sup> should not be generally used for duration longer than 24 hours. Its continued use beyond 24 hours should be determined based on careful assessment of the patient's conditions.
- Precedex<sup>®</sup> should be administered using a controlled infusion device with adequate precision.
- Respiration should be monitored in non-intubated patients because of the risk of respiratory depression and in some cases apnoea.
- Dosage must be individualized and titrated to the desired clinical effect.

### Patient Counselling Information

- Patients should be informed blood pressure, heart rate and oxygen levels will be monitored both continuously during the infusion of Precedex<sup>®</sup> and as clinically appropriate after discontinuation.
- When Precedex<sup>®</sup> is infused for more than 6 hours, patients should be informed to report nervousness, agitation, and headaches that may occur for up to 48 hours after discontinuation of Precedex<sup>®</sup>.
- Additionally, patients should be informed to report symptoms that may occur within 48 hours after the administration of Precedex<sup>®</sup> such as: weakness, confusion, excessive sweating, weight loss, abdominal pain, salt cravings, diarrhea, constipation, dizziness, or light-headedness.

### 4.2 Recommended Dose and Dosage Adjustment

#### Intensive Care Unit Sedation

##### Initiation

- For adult patients, it is recommended that administration of Precedex starts with a 1.0 mcg/kg loading dose administered over 10 minutes followed by a maintenance dose.
- For adult patients already intubated and sedated who are being converted from alternate sedative therapy, a loading dose may not be required.
- Precedex<sup>®</sup> is used for adult patients already intubated and sedated in an intensive care setting.
- An assessment of the level of sedation and the need for Precedex<sup>®</sup> should precede the initiation of Precedex<sup>®</sup>.

## **Maintenance**

The rate of the maintenance infusion should be adjusted to achieve the optimal level of sedation for optimal clinical effect. For adult patients, a maintenance infusion of 0.2 to 0.7 mcg/kg/hour is recommended.

- Caution is advised when using doses higher than 0.7 mcg/kg/hr. Experience is limited at doses higher than 1.1 mcg/kg/hr. A dose higher than 1.4 mcg/kg/hr should not be attempted.
- Precedex<sup>®</sup> use beyond 24 hours must be assessed individually. Patients must be assessed at regular intervals for the need to continuing sedation. The experience of Precedex<sup>®</sup> longer than 4 days is limited.
- Another intravenous sedative (e.g. midazolam or propofol) may be added according to clinical assessment. Opioids or neuromuscular blocking agents may also be used, based on individual assessment.
- The need for Precedex<sup>®</sup> continuous infusion post-extubation must be assessed individually. In post-surgical ICU patients exposed for <24 hours, the dose of Precedex<sup>®</sup> should be reduced by half after extubation. In clinical studies, the mean time of continued infusion observed post-extubation in these post-surgical ICU patients was approximately 6.6 hours.

## **Conscious Sedation**

- Based on the Ramsay and Observer's Assessment of Alertness/Sedation Scales, the loading infusion provides clinically effective onset of sedation 10 to 15 minutes after start of infusion.
- For use in Monitored Anesthesia Care, an adequate nerve block and/or local infiltration should be used.
- For Awake Fiberoptic Intubation, the upper airway should be topicalized with proper lidocaine formulations.

## **Initiation**

- For adult patients, it is recommended that administration of dexmedetomidine hydrochloride starts with a 1.0 mcg/kg loading dose administered over 10 minutes followed by a maintenance dose.
- For awake fiberoptic intubation in adult patients: a loading infusion of 1 mcg/kg over 10 minutes may be suitable.
- For less invasive procedures such as ophthalmic surgery, a loading infusion of 0.5 mcg/kg given over 10 minutes may be suitable.

**Geriatric:** For patients over 65 years of age, a dose reduction in the loading dose to 0.5 mcg/kg over 10 minutes should be considered.

## **Maintenance**

- The rate of the maintenance infusion should be adjusted to achieve the targeted level of sedation. The maintenance infusion of Precedex<sup>®</sup> is generally initiated at 0.6 to 0.7 mcg/kg/hr and titrated to achieve desired clinical effect with doses ranging from 0.2 to 1 mcg/kg/hr.

- For awake fiberoptic intubation in adult patients, maintenance dose of 0.7 mcg/kg/hr is recommended until the endotracheal tube is secured.

### **Dosage Adjustment for ICU Sedation and Conscious Sedation**

Due to possible pharmacodynamic interactions, a reduction in dosage of Precedex<sup>®</sup> or other concomitant anesthetics, sedatives, hypnotics or opioids may be required when co-administered.

**Geriatric:** A dose reduction for both the loading and maintenance infusions should be considered in patients over 65 years of age.

**Hepatic Impairment:** Dexmedetomidine hydrochloride should be used with caution in adult patients with hepatic impairment. A dose reduction for both the loading and maintenance doses should be considered.

**Renal Impairment:** General caution is advised in patients with severe renal impairment. No dose adjustment is required for patients with renal impairment.

Health Canada has not authorized an indication for pediatric use (see [1 INDICATIONS, Pediatrics](#)).

## **4.3 Reconstitution**

### **Parenteral Products:**

#### **Precedex<sup>®</sup> (Dexmedetomidine Hydrochloride for Injection 100 mcg/mL (200 mcg/2 mL))**

Precedex<sup>®</sup> for Injection 100 mcg/mL must be diluted in 0.9% sodium chloride injection to achieve required concentration (4 mcg/mL) prior to administration. Preparation of solutions is the same, whether for the loading dose or maintenance infusion.

Strict aseptic technique must always be maintained during handling of Precedex<sup>®</sup>.

To prepare the infusion, withdraw 2 mL of Precedex<sup>®</sup> and add to 48 mL of 0.9% sodium chloride injection to a total of 50 mL. Shake gently to mix well. The reconstituted solution is stable for 25 hours at room temperature (15 - 30°C).

#### **Precedex<sup>®</sup> (Dexmedetomidine Hydrochloride Injection) 4 mcg/mL (80 mcg/20 mL, 200 mcg/50 mL and 400 mcg/100 mL)**

Precedex<sup>®</sup> Injection 4 mcg/mL is supplied in glass containers containing a premixed, ready to use dexmedetomidine hydrochloride solution in 0.9% sodium chloride in water for injection. No further dilution of these preparations are necessary.

(see [11 STORAGE, STABILITY AND DISPOSAL](#))

## **4.4 Administration**

### **Compatibility with Other Fluids**

Precedex<sup>®</sup> has been shown to be compatible when administered with the following intravenous fluids: Lactated Ringers, 5% Glucose in Water for Injection, 0.9% Sodium Chloride in Water for Injection and 20% Mannitol in Water for Injection.

Dexmedetomidine hydrochloride has been found to be compatible with water solutions of the following drugs when administered via Y-site injections: thiopental sodium, vecuronium bromide, pancuronium bromide, glycopyrrolate bromide, phenylephrine hydrochloride.

Parenteral drug products should be inspected visually for clarity, particulate matter, precipitate and discoloration prior to administration, whenever solution and container permit. Solutions showing haziness, particulate matter, precipitate or discoloration or leakage should not be used. Discard unused portion.

#### **Compatibility with Natural Rubber**

Compatibility studies have demonstrated the potential for absorption of Precedex® to some types of natural rubber. Although Precedex® is dosed to effect, it is advisable to use administration components made with synthetic or coated natural rubber gaskets.

#### **Incompatibilities**

Precedex® infusion should not be co-administered through the same intravenous catheter with blood, serum, or plasma because physical compatibility has not been established.

Precedex® has been shown to be incompatible when administered with the following drugs: amphotericin B, diazepam.

#### **4.5 Missed Dose**

This information is not available for this drug product.

### **5 OVERDOSAGE**

The tolerability of dexmedetomidine hydrochloride was studied in one study in which healthy adult subjects were administered doses at and above the recommended dose of 0.2 to 1.4 mcg/kg/hr. The maximum blood concentration achieved in this study was approximately 6 times the upper boundary of the therapeutic range. The most notable effects observed in two subjects who achieved the highest doses were first degree atrioventricular block and second degree heart block. No hemodynamic compromise was noted with the atrioventricular block and the heart block resolved spontaneously within one minute.

Four adult patients received an overdose of dexmedetomidine hydrochloride in the intensive care unit sedation studies. One patient received a 2 mcg/kg loading dose over 10 minutes (twice the recommended loading dose). Two other patients who received a 2 mcg/kg loading dose over 10 minutes, experienced bradycardia and/or hypotension. One patient who received a loading bolus dose of undiluted dexmedetomidine hydrochloride (19.4 mcg/kg), had cardiac arrest from which he was successfully resuscitated.

For management of a suspected drug overdose, contact your regional poison control centre.



## 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

Table 1 – Dosage Forms, Strengths, Composition and Packaging

Route of Administration	Dosage Form / Strength/Composition	Non-medicinal Ingredients
Intravenous infusion	Solution, 100 mcg/mL dexmedetomidine hydrochloride (Concentrate)	Sodium Chloride and Water for Injection
Intravenous infusion	Solution, 4 mcg/mL dexmedetomidine hydrochloride (Ready to Use)	Sodium Chloride and Water for Injection

### Precedex® 100 mcg/ mL (Concentrate)

Precedex® (Dexmedetomidine hydrochloride for Injection) is a sterile, nonpyrogenic solution suitable for intravenous infusion following dilution.

Each 1 mL of Precedex® contains 118 mcg of dexmedetomidine hydrochloride equivalent to 100 mcg dexmedetomidine and 9 mg of sodium chloride in Water for Injection. The solution is preservative-free and contains no additives or chemical stabilizers.

Precedex® (Dexmedetomidine hydrochloride for Injection), 100 mcg/mL as the base is available in 2 mL clear glass vials (200 mcg/2 mL). Vials are intended for single use only.

### Precedex® 4 mcg/ mL (Ready to Use)

The stopper is not made with natural rubber latex.

Precedex® (Dexmedetomidine hydrochloride Injection) is a sterile, nonpyrogenic ready to use solution suitable for intravenous infusion.

Each 1 mL of Precedex® contains 4.72 mcg of dexmedetomidine hydrochloride equivalent to 4 mcg dexmedetomidine hydrochloride and 9 mg of sodium chloride in Water for Injection. The solution is preservative-free and contains no additives or chemical stabilizers.

Precedex® 4 mcg/mL is available in:

- 20 mL glass vials (80 mcg/20 mL)
- 50 mL glass vials (200 mcg/50 mL)
- 100 mL glass vials (400 mcg/100 mL)

Vials are intended for single use only.

## 7 WARNINGS AND PRECAUTIONS

### General

Dexmedetomidine hydrochloride is for hospital use only. It should be administered only by persons skilled in the management of patients in the intensive care or operating room setting. Due to the known pharmacological effects of dexmedetomidine hydrochloride, patients should be continuously monitored (MAC: Monitored Anesthesia Care) for early signs of hypotension, hypertension, bradycardia, respiratory depression, airway obstruction, apnoea, dyspnoea and/or oxygen desaturation while receiving

Dexmedetomidine hydrochloride. Supplemental oxygen should be immediately available and provided when indicated.

### **Risk of mortality**

In a published pragmatic controlled trial (*SPICE III*), 3904 ventilated critically ill adult intensive care unit (ICU) patients were randomized to either dexmedetomidine hydrochloride as primary sedative or usual care. There was no overall difference in 90-day mortality between the dexmedetomidine hydrochloride group and the usual care group (mortality of 29.1% in both groups), but heterogeneity of effect from age on mortality was observed. In an exploratory subgroup analysis, dexmedetomidine hydrochloride was associated with higher mortality compared to usual care in patients younger than the median age of 63.7 years (risk difference 4.4; 95% confidence interval 0.8 to 7.9).

In a published subsequent analysis of the *SPICE III* study, dexmedetomidine hydrochloride was associated with increased mortality in patients aged 65 years and younger (odds ratio 1.26; 95% confidence interval 1.02 to 1.56) compared to usual care. Although the mechanism is not known, the heterogeneity of effect from age on mortality was most prominent in patients admitted for reasons other than post-operative care and increased with the increasing severity of disease as per Acute Physiology and Chronic Health Evaluation (APACHE) II scores (without the age component).

The significance of these findings is unknown, but they should be weighed against the clinical benefit expected from dexmedetomidine hydrochloride compared to alternative sedatives in younger patients.

### **Cardiovascular**

**Hypotension, Bradycardia and Sinus Arrest:** Clinically significant episodes of bradycardia and sinus arrest have been reported with dexmedetomidine hydrochloride administration in young, healthy adult volunteers with high vagal tone or with different routes of administration including rapid intravenous or bolus administration.

Reports of hypotension and bradycardia have been associated with dexmedetomidine hydrochloride infusion. Some of these cases have resulted in fatalities. If medical intervention is required, treatment may include decreasing or stopping the infusion of Precedex<sup>®</sup>, increasing the rate of intravenous fluid administration, elevation of the lower extremities, and use of pressor agents. Because dexmedetomidine hydrochloride has the potential to augment bradycardia induced by vagal stimuli; clinicians should be prepared to intervene. The intravenous administration of anticholinergic agents (e.g., glycopyrrolate, atropine) should be considered to modify vagal tone. In clinical trials, glycopyrrolate or atropine were effective in the treatment of most episodes of dexmedetomidine hydrochloride induced bradycardia. However, in some patients with significant cardiovascular dysfunction, more advanced resuscitative measures were required.

Caution should be exercised when administering dexmedetomidine hydrochloride to patients with advanced heart block and/or severe ventricular dysfunction. Because dexmedetomidine hydrochloride decreases sympathetic nervous system activity, hypotension and/or bradycardia may be expected to be more pronounced in patients with hypovolemia, diabetes mellitus, or chronic hypertension and in elderly patients.

In situations where other vasodilators or negative chronotropic agents are administered, co-administration of dexmedetomidine hydrochloride could have an additive pharmacodynamic effect and should be administered with caution.

**Transient Hypertension:** Transient hypertension has been observed during the loading dose and maintenance period in association with the peripheral vasoconstrictive effects of dexmedetomidine hydrochloride in some patients. Transient hypertension is often referred to as paradoxical hypertension in the literature. Reduction of the infusion rate may be desirable. Treatment with a vasodilator may be needed. The use of other concomitant medications with an effect on the cardiovascular system should be reviewed to rule out potential drug interactions.

### **Dependence/Tolerance**

Precedex® is not a controlled substance under the Controlled Drugs and Substances Act, but it is used only by health care professionals. The dependence potential of dexmedetomidine hydrochloride has not been studied in humans. Precedex® exhibits pharmacologic actions similar to those of clonidine, it may be possible that dexmedetomidine hydrochloride produces a clonidine-like withdrawal syndrome upon discontinuation.

### **Endocrine and Metabolism**

The available evidence is inadequate to confirm if dexmedetomidine hydrochloride is associated with significant adrenocortical suppression. The adequacy of the adrenocortical function should be individually assessed and managed.

### **Hyperthermia**

Dexmedetomidine hydrochloride may induce hyperthermia that may be resistant to traditional cooling methods. Precedex® should be discontinued in the event of a sustained unexplained fever and hyperthermia should be managed with conventional medical measures. It is not known whether dexmedetomidine is safe to use in malignant hyperthermia-sensitive individuals therefore it is not recommended.

### **Hepatic/Biliary/Pancreatic**

Since dexmedetomidine hydrochloride clearance decreases with severity of hepatic impairment, dose reduction should be considered in patients with impaired hepatic function (see [4 DOSAGE AND ADMINISTRATION](#)).

### **Peri-Operative Considerations**

#### **Arousability**

- Some patients receiving dexmedetomidine hydrochloride have been observed to be arousable and alert when stimulated. This alone should not be considered as evidence of lack of efficacy in the absence of other clinical signs and symptoms.

#### **Withdrawal**

#### **Intensive Care Unit**

- Dexmedetomidine hydrochloride is indicated only for sedation of initially intubated and mechanically ventilated adult patients recovering in a post-operative care unit or an intensive care setting. During the use of dexmedetomidine hydrochloride in an intensive

care setting, the patients must be monitored continuously, particularly for their cardiovascular safety indicators.

- With administration of dexmedetomidine hydrochloride to adults for longer than 24 hours, regardless of the dose, the most common dexmedetomidine hydrochloride withdrawal related adverse events in the 48 hours after discontinuation were anxiety (6%), agitation (5%), nausea (4%), withdrawal syndrome (4%), and vomiting (3%). Symptomatic management of these adverse events may be needed.
- In adult subjects, tachycardia and hypertension associated with elevated catecholamine may occur, with or following the events listed above. Tachycardia requiring intervention in the 48 hours following discontinuation of dexmedetomidine hydrochloride occurred in 8% of patients, and hypertension requiring intervention in the 48 hours following discontinuation of dexmedetomidine hydrochloride occurred in 4% of patients. If tachycardia and/or hypertension occurs after discontinuation of dexmedetomidine hydrochloride supportive therapy is indicated.

### **Conscious Sedation**

- In adult subjects, withdrawal symptoms were not seen after discontinuation of short-term infusion of dexmedetomidine hydrochloride (<6 hours).

### **Renal**

The glucuronidation and oxidation products of dexmedetomidine hydrochloride are eliminated through the kidney. General caution is advised in patients with severe renal impairment, especially in those with comorbidities.

Cases of polyuria, with or without hypernatremia, have been reported in patients receiving Precedex<sup>®</sup> infusion. In clinical trials, the rate of hypernatremia was approximately 1% in adults as well as children. Dose reduction or discontinuation should be considered in patients treated with Precedex<sup>®</sup> who develop polyuria.

### **Seizures**

Dexmedetomidine hydrochloride lacks the anticonvulsant action of some other sedatives and so will not suppress underlying seizure activity.

## **7.1 Special Populations**

### **7.1.1 Pregnant Women**

There are no adequate and well-controlled studies in pregnant women. Dexmedetomidine hydrochloride has been shown to cross the placental barrier in both animal and human published studies.

The limited available information on Dexmedetomidine hydrochloride use during pregnancy is not sufficient to inform a drug-associated risk of birth defects or miscarriage. Precedex<sup>®</sup> should be used during pregnancy only if the potential benefits justify the potential risk to the fetus.

It has been reported that prenatal exposure to dexmedetomidine hydrochloride may be associated with some degree of functional impairment at birth in some neonates.

**Labor and Delivery:** Perioperative administration of dexmedetomidine hydrochloride in pregnant women receiving general anesthesia for elective caesarean section was associated with a longer time to clinical recovery and extubation compared with other anesthetic agents.

Therefore, Precedex<sup>®</sup> is not recommended during labor and delivery including caesarean section deliveries.

### 7.1.2 Breast-feeding

Dexmedetomidine hydrochloride is excreted in human milk with detectable levels of dexmedetomidine hydrochloride falling below the limit of detection after 24 hours. The effects on milk production and the risk to breastfed children are unknown. Therefore, the benefits of breastfeeding and potential risk to the breastfed infant should be considered along with the mother's clinical need for dexmedetomidine.

### 7.1.3 Pediatrics

**Pediatrics:** Limited data are available to Health Canada; therefore, Health Canada has not authorized an indication for pediatric use. (see [8.2.1 ADVERSE REACTIONS, Clinical Trial Adverse Reactions – Pediatrics, 10 CLINICAL PHARMACOLOGY, Special Populations and Conditions, Pediatrics](#)).

### 7.1.4 Geriatrics

The pharmacokinetic profile of Precedex<sup>®</sup> was not altered by age. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection in elderly patients, and it may be useful to monitor renal function.

## Intensive Care Unit Sedation

A total of 1094 patients in the clinical studies were 65 years of age and over. A total of 372 patients were 75 years of age and over. In patients greater than 65 years of age, a higher incidence of bradycardia and hypotension was observed following administration of Precedex<sup>®</sup>. Therefore a dose reduction should be considered in patients over 65 years of age (see [4 DOSAGE AND ADMINISTRATION](#)).

## Conscious Sedation

A total of 131 patients in the clinical studies were 65 years of age and over. A total of 47 patients were 75 years of age and over. Hypotension occurred in a higher incidence in Precedex<sup>®</sup> treated patients 65 years or older (72%) and 75 years or older (74%) as compared to patients <65 years (47%). Pre-specified criteria for the vital signs to be reported as adverse reactions are footnoted below Table 4 (see [4 ADVERSE REACTIONS](#)). A reduced loading dose of 0.5 mcg/kg given over 10 minutes is recommended and a reduction in the maintenance infusion should be considered for patients greater than 65 years of age (see [4 DOSAGE AND ADMINISTRATION](#)).

## 8 ADVERSE REACTIONS

### 8.1 Adverse Reaction Overview

Use of Precedex<sup>®</sup> has been associated with the following serious adverse reactions:

- Hypotension, bradycardia, and sinus arrest (see [7 WARNING AND PRECAUTIONS](#)).
- Transient hypertension (see [7 WARNING AND PRECAUTIONS](#)).

Most common treatment-emergent adverse reactions, occurring in greater than 2% of adult patients in both Intensive Care Unit and conscious sedation studies include hypotension, bradycardia, and dry mouth.

## 8.2 Clinical Trial Adverse Reactions

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

### Intensive Care Unit Sedation

Adverse event information derived from the placebo-controlled, continuous infusion trials of Precedex® for sedation in the surgical intensive care unit setting in which 387 adult patients received Precedex®. In these studies, the mean total dose was 7.06 mcg/kg (SD = 2.86), mean dose per hour was 0.51 mcg/kg/hr (SD = 0.39) and the mean duration of infusion of 15.6 hours (range: 0.17 to 29.08). Midazolam or propofol was used as the rescue medication for adult patients on Precedex® or placebo. The population was between 19 to 83 years of age, 43% ≥ 65 years of age, 73% male and 97% Caucasian. Overall, the most frequently observed treatment-emergent adverse events included hypotension, hypertension, nausea, bradycardia, fever, vomiting, hypoxia, tachycardia, and anaemia (see Table 2).

**Table 2: Treatment-Emergent Adverse Events Occurring in >1% of All Adult Dexmedetomidine-Treated Patients in the Randomized Placebo-controlled Continuous Infusion Short-Term Intensive Care Unit Sedation Studies**

Body System/ Adverse Event	Randomized Dexmedetomidine*  (N=387)	Placebo with Midazolam Rescue  (N=181)	Placebo with Propofol Rescue (N=198)
<b>Blood and lymphatic systems disorders</b>			
Anaemia	3%	4%	1%
<b>Cardiac disorders</b>			
Atrial Fibrillation	4%	4%	3%
Bradycardia	7%	3%	2%
Tachycardia	3%	7%	3%
<b>Gastrointestinal disorders</b>			
Dry Mouth	3%	2%	<1%
Nausea	11%	9%	10%
Thirst	2%	<1%	<1%
Vomiting	4%	6%	6%
<b>General disorders and administration site conditions</b>			
Fever	5%	6%	4%
Hyperpyrexia	2%	3%	2%
Pain	2%	3%	1%
Rigors	2%	3%	4%

Body System/ Adverse Event	Randomized Dexmedetomidine*  (N=387)	Placebo with Midazolam Rescue  (N=181)	Placebo with Propofol Rescue (N=198)
<b>Metabolism and nutrition disorders</b>			
Acidosis	2%	<1%	3%
Hyperglycaemia	2%	3%	1%
<b>Nervous system disorders</b>			
Agitation	2%	3%	3%
<b>Respiratory, thoracic and mediastinal disorders</b>			
Hypoxia	4%	5%	3%
Pleural Effusion	2%	<1%	2%
<b>Renal and urinary disorders</b>			
Oliguria	2%	1%	<1%
<b>Vascular disorders</b>			
Hemorrhage	3%	6%	4%
Hypotension	28%	15%	10%
Hypertension	16%	13%	23%

\* Data combined from studies conducted in post-surgical patients recovering in an ICU setting.

### Intensive Care Unit Sedation of longer duration

Adverse event information is derived from studies using Precedex® or active control administered as continuous infusion for maintenance of sedation in the Intensive Care Units in three studies that included adult patients from medical, surgical and trauma intensive care units. The mean total Precedex® dose was 53.6 mcg/kg with a mean infusion rate per hour of 0.76 mcg/kg/hr (standard deviation = 0.36 mcg/kg/h). The mean duration of Precedex® infusion was 65.5 hours (standard deviation = 59.70 hours). The majority of patients (68.6%, 506/737) received Precedex® for 72 hours or less, with 26.7% (197/737) for 24 hours or less. The Precedex® population was between 18 to 97 years of age, 49.5% ≥65 years of age, 59% male and 91.3% Caucasian.

Treatment-emergent adverse events are provided in Table 3 and reflect incidence rates for Precedex® and active control groups. The most frequent Precedex® adverse events were hypotension and bradycardia, consistent with alpha<sub>2</sub>-adrenergic agonist physiologic effects (see [7 WARNINGS AND PRECAUTIONS](#)).

**Table 3: Treatment-Emergent Adverse Events Occurring in >2% of Precedex® Patients in Long-Term Intensive Care Unit Sedation Studies<sup>1</sup>**

Body System/ Adverse Event	Active Control 1 N=247	Active Control 2 N=372	Precedex® N=737
<b>Blood and lymphatic systems disorders</b>			
Anaemia	2%	5%	4%

Body System/ Adverse Event	Active Control 1 N=247	Active Control 2 N=372	Precedex® N=737
<b>Cardiac disorders</b>			
Atrial Fibrillation	12%	10%	8%
Bradycardia	10%	13%	25%
Bradycardia Requiring Intervention	5%	1%	6%
Tachycardia	11%	32%	26%
Supraventricular tachycardia	4%	2%	3%
Tachycardia Requiring Intervention	6%	6%	7%
<b>Gastrointestinal disorders</b>			
Nausea	4%	2%	6%
Diarrhea	5%	3%	4%
Constipation	1%	5%	4%
Vomiting	2%	3%	4%
<b>General disorders and administration site conditions</b>			
Pyrexia	2%	6%	5%
<b>Infections and infestations</b>			
Sepsis	1%	2%	2%
<b>Injury, poisoning and procedural complications</b>			
Endotracheal intubation complication	3%	2%	2%
<b>Metabolism and nutrition disorders</b>			
Hyperglycemia	0%	2%	4%
Hypoglycemia	1%	3%	4%
Hypokalemia	2%	7%	7%
<b>Nervous system disorders</b>			
Agitation	11%	13%	10%
Withdrawal Syndrome	3%	2%	3%
<b>Psychiatric disorders</b>			
Anxiety	8%	3%	7%
Delirium	7%	6%	4%
Insomnia	1%	2%	4%
<b>Respiratory, thoracic and mediastinal disorders</b>			
Acute respiratory distress syndrome	3%	1%	2%
Respiratory failure	5%	3%	3%
Pleural Effusion	11%	3%	3%
Pneumonia	2%	4%	4%
<b>Vascular disorders</b>			
Hypertension	15%	33%	32%
Hypertension Requiring Intervention	12%	20%	17%
Hypotension	11%	27%	31%
Hypotension Requiring Intervention	11%	14%	17%

<sup>1</sup>Patients could receive concomitant analgesics or sedatives during treatment as clinically required.



## Conscious Sedation

Adverse event information is derived from the two trials for conscious sedation in which 318 adult patients received Precedex®. Midazolam was used as the rescue medication for patients on Precedex® or placebo. The mean total dose was 1.6 mcg/kg (range: 0.5 to 6.7), mean dose per hour was 1.3 mcg/kg/hr (range: 0.3 to 6.1) and the mean duration of infusion of 1.5 hours (range: 0.1 to 6.2). The population was between 18 to 93 years of age, 30% ≥ 65 years of age, 52% male and 61% Caucasian.

Treatment-emergent adverse events occurring at an incidence of >2% are provided in Table 4. The most frequent adverse events were hypotension, bradycardia, and dry mouth. Pre-specified criteria for the vital signs to be reported as adverse reactions are footnoted below the table. The decrease in respiratory rate and hypoxia was similar between Precedex® and comparator groups in both studies.

**Table 4: Adverse Events with an Incidence > 2% - Conscious Sedation Adult Population**

Body System/ Adverse Event	Precedex® N = 318	Placebo N = 113
	n (%)	n (%)
<b>Cardiac disorders</b>		
Bradycardia <sup>1</sup>	45 (14%)	4 (4%)
Tachycardia <sup>2</sup>	17 (5%)	19 (17%)
<b>Gastrointestinal disorders</b>		
Nausea	10 (3%)	2 (2%)
Dry mouth	8 (3%)	1 (1%)
<b>Respiratory, thoracic and mediastinal disorders</b>		
Respiratory depression <sup>3</sup>	117 (37%)	36 (32%)
Hypoxia <sup>4</sup>	7 (2%)	3 (3%)
Bradypnea	5 (2%)	5 (4%)
<b>Vascular disorders</b>		
Hypotension <sup>4</sup>	173 (54%)	34 (30%)
Hypertension <sup>6</sup>	41 (13%)	27 (24%)

<sup>1</sup>Bradycardia was defined in absolute and relative terms as <40 bpm or ≤30% lower than pre-study drug infusion value.

<sup>2</sup>Tachycardia was defined in absolute and relative terms as >120 bpm or ≥30% greater than pre-study drug infusion value.

<sup>3</sup>Respiratory Depression was defined in absolute and relative terms as respiratory rate (RR) <8 bpm or >25% decrease from baseline.

<sup>4</sup>Hypoxia was defined in absolute and relative terms as SpO<sub>2</sub> < 90% or 10% decrease from baseline.

<sup>5</sup>Hypotension was defined in absolute and relative terms as Systolic blood pressure of <80 mmHg or ≤30% lower than pre-study drug infusion value, or Diastolic blood pressure of <50 mmHg.

<sup>6</sup>Hypertension was defined in absolute and relative terms as Systolic blood pressure >180 mmHg or ≥30% higher than pre-study drug infusion value or Diastolic blood pressure of >100 mmHg.

### 8.2.1 Clinical Trial Adverse Reactions – Pediatrics

Precedex® is not recommended in children. Three preliminary studies were conducted, two in 42 neonates between 28 to 44 weeks of gestational age and one in 175 children between 1 month to <17 years of age, all in an intensive care setting for up to 24 hours. The safety profile in pediatrics was generally consistent with the underlying disease conditions, the other medications used in this patient group, and similar to that observed in adults. The most frequent treatment emergent adverse events in neonates between 28 to 44 weeks of gestational age were anger (6/42, 14.3%) and hypokalemia (3/42, 7.1%). For children between 1 month to <17 years of age, the most frequent treatment emergent adverse events were hypokalemia (14/175, 8.0%), pyrexia (12/175, 6.9%), hypotension (11/175, 6.3%) and agitation (9/175, 5.1%). Among these events reported in pediatric patients, the events of anger in

neonates and hypokalemia in older children occur with greater frequency in pediatrics than in adults. Increased frequencies of adverse events of bradycardia, hypotension, and respiratory depression were seen in an open-label ICU sedation study conducted in Japanese patients.

### 8.5 Post-Market Adverse Reactions

The following adverse drug reactions have been identified during post approval use of Precedex®. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure. Hypotension and bradycardia were the most common adverse reactions associated with the use of Precedex® during post approval use of the drug.

**Table 5: Adverse Events Experienced During Post approval Use of Precedex®**

Body System	Preferred Term
Body as a Whole	Fever, hyperpyrexia, hypovolemia, light anesthesia, pain, rigors, Thirst
Cardiovascular Disorders, General	Blood pressure fluctuation, heart disorder, hypertension, hypotension, myocardial infarction
Central and Peripheral Nervous System Disorders	Dizziness, headache, neuralgia, neuritis, speech disorder, convulsion
Gastrointestinal System Disorders	Abdominal pain, diarrhea, vomiting, nausea
Heart Rate and Rhythm Disorders	Arrhythmia, ventricular arrhythmia, bradycardia, hypoxia, atrioventricular block, cardiac arrest, extrasystoles, atrial fibrillation, heart block, t wave inversion, tachycardia, supraventricular tachycardia, ventricular tachycardia
Liver and Biliary System Disorders	Increased gamma-glutamyl transpeptidase, hepatic function abnormal, hyperbilirubinemia, increased alanine transaminase, increased aspartate aminotransferase
Metabolic and Nutritional Disorders	Acidosis, respiratory acidosis, hyperkalemia, increased alkaline phosphatase, thirst, hypoglycaemia, hypernatraemia, Hypocalcaemia, Hypokalaemia
Psychiatric Disorders	Agitation, confusion, delirium, hallucination, illusion
Red Blood Cell Disorders	Anaemia
Renal disorders	Blood urea nitrogen increased, oliguria, Polyuria (See also <a href="#">7 WARNINGS AND PRECAUTIONS, Renal</a> )
Respiratory System Disorders	Apnoea, bronchospasm, dyspnea, hypercapnia, hypoventilation, hypoxia, pulmonary congestion
Skin and Appendages Disorders	Increased sweating
Vascular disorders	Hemorrhage
Vision Disorders	Photopsia, abnormal vision

## 9 DRUG INTERACTIONS

### 9.4 Drug-Drug Interactions

*The drugs listed in this table are based on either drug interaction case reports or studies, or potential interactions due to the expected magnitude and seriousness of the interaction (i.e., those identified as contraindicated).*

[Proper/Common name]	Source of Evidence	Effect	Clinical comment
<b>Anesthetics, sedatives, hypnotics, opioids</b>	CT	Co-administration of Dexmedetomidine hydrochloride with anesthetics, sedatives, hypnotics, and opioids is likely to lead to an enhancement of effects. Specific studies have confirmed enhanced effects with sevoflurane, isoflurane, propofol, alfentanil, and midazolam	No pharmacokinetic interactions between Dexmedetomidine hydrochloride and isoflurane, propofol, alfentanil and midazolam have been demonstrated. However, due to possible pharmacodynamic interactions, when co-administered with Dexmedetomidine hydrochloride, a reduction in dosage of Dexmedetomidine hydrochloride or the concomitant anesthetic, sedative, hypnotic or opioid may be required.
<b>Cytochrome P-450</b>	T	<i>In vitro</i> studies in human liver microsomes demonstrated no evidence of cytochrome P450 mediated drug interactions that are likely to be of clinical relevance.	No known clinical relevance.
<b>Drugs with cardiovascular activities</b>	T	Dexmedetomidine hydrochloride is known to be associated with hypotension and bradycardia, especially during its initial use in patients receiving other medicinal products causing these effects, for example beta blockers, although additional effects in an interaction study with esmolol were modest. However, it may also be associated with a transient or paradoxical hypertension which may occur during the initial use and maintenance use.	Concomitant medications acting on the cardiovascular system should be reviewed, in addition to reducing the dexmedetomidine hydrochloride dose and/or using a vasodilator.
<b>Neuromuscular Blockers</b>	CT	In one study of 10 healthy adult volunteers, administration of Dexmedetomidine hydrochloride for 45 minutes at a plasma concentration of 1 (one) ng/mL resulted in no clinically meaningful increases in the magnitude of neuromuscular blockade associated with rocuronium administration.	Unknown clinical relevance.

Legend: C = Case Study; CT = Clinical Trial; T = Theoretical

## 9.5 Drug-Food Interactions

Interactions with food have not been established.

## 9.6 Drug-Herb Interactions

Interactions with herbal products have not been established.

## 9.7 Drug-Laboratory Test Interactions

Interactions with laboratory tests have not been established.

# 10 CLINICAL PHARMACOLOGY

Pharmacotherapeutic group: Psycholeptics, other hypnotics and sedatives.

## 10.1 Mechanism of Action

Dexmedetomidine hydrochloride is a relatively selective  $\alpha_2$ -adrenergic agonist with sedative properties.  $\alpha_2$  selectivity is observed in animals following slow intravenous infusion of low and medium doses (10-300 mcg/kg). Both  $\alpha_1$  and  $\alpha_2$  activity is observed following slow intravenous infusion of high doses ( $\geq 1000$  mcg/kg) or with rapid intravenous administration.

In a study in healthy volunteers (N=10), respiratory rate and oxygen saturation remained within normal limits and there was no evidence of respiratory depression when Precedex<sup>®</sup> was administered by intravenous infusion at doses within the prespecified dose range (0.2 – 0.7 mcg/kg/hr).

## 10.2 Pharmacodynamics

See [10 CLINICAL PHARMACOLOGY, Special Populations and Conditions, Pediatrics](#)

## 10.3 Pharmacokinetics

Following intravenous administration, dexmedetomidine hydrochloride exhibits the following pharmacokinetic parameters: a rapid distribution phase with a distribution half-life ( $t_{1/2}$ ) of approximately 6 minutes; a terminal elimination half-life ( $t_{1/2}$ ) of approximately 2 hours; and steady-state volume of distribution ( $V_{ss}$ ) of approximately 118 liters. Clearance is estimated to be approximately 39 L/h. The mean body weight associated with this clearance estimate was 72 kg.

Dexmedetomidine hydrochloride exhibits linear pharmacokinetics in the dosage range of 0.2 to 0.7 mcg/kg/hr when administered by intravenous infusion for up to 24 hours. Table 6 shows the main pharmacokinetic parameters when Precedex<sup>®</sup> was infused (after appropriate loading doses) at maintenance infusion rates of 0.17 mcg/kg/hr (target plasma concentration of 0.3 ng/mL) for 12 and 24 hours, 0.33 mcg/kg/hr (target plasma concentration of 0.6 ng/mL) for 24 hours, and 0.70 mcg/kg/hr (target plasma concentration of 1.25 ng/mL) for 24 hours.

**Table 6: Summary of PRECEDEX, Mean ± SD Pharmacokinetic Parameters**

Parameter	Loading Infusion (min)/Total infusion duration (hrs)			
	10 min/12 hrs	10 min/24 hrs	10 min/24 hrs	35 min/24 hrs
	Dexmedetomidine hydrochloride Target Concentration (ng/mL) and Dose (mcg/kg/hr)			
	0.3/0.17	0.3/0.17	0.6/0.33	1.25/0.70
<b>t<sub>1/2</sub><sup>*</sup>, hour</b>	1.78 ± 0.30	2.22 ± 0.59	2.23 ± 0.21	2.50 ± 0.61
<b>CL, liter/hour</b>	46.3 ± 8.3	43.1 ± 6.5	35.3 ± 6.8	36.5 ± 7.5
<b>V<sub>ss</sub>, liter</b>	88.7 ± 22.9	102.4 ± 20.3	93.6 ± 17.0	99.6 ± 17.8
<b>Avg C<sub>ss</sub> #, ng/mL</b>	0.27 ± 0.05	0.27 ± 0.05	0.67 ± 0.10	1.37 ± 0.20

\* Presented as harmonic mean and pseudo standard deviation.

# Avg C<sub>ss</sub> = Average steady-state concentration of dexmedetomidine. (2.5 – 9 hour samples for 12 hour infusion and 2.5 – 18 hour samples for 24 hour infusions).

Population pharmacokinetic analysis suggests similar pharmacokinetic behavior of dexmedetomidine hydrochloride with short (<24 hours) and long-term (> 24 hours) infusions, including the lack of accumulation of dexmedetomidine. Linear pharmacokinetics are observable in administration over the dose range of 0.2 mcg/kg/hr to 1.4 mcg/kg/hr, for all time periods. The values for clearance (CL), volume of distribution (V), and t<sub>1/2</sub> were 39.4 L/hr, 152 L, and 2.67 hours, respectively for infusion durations greater than 24 hours.

### Distribution

The steady-state volume of distribution (V<sub>ss</sub>) of dexmedetomidine hydrochloride is approximately 118 liters. Dexmedetomidine hydrochloride protein binding was assessed in the plasma of normal healthy male and female subjects. The average protein binding was 94% and was constant across the different plasma concentrations tested. Protein binding was similar in males and females. The fraction of dexmedetomidine hydrochloride that was bound to plasma proteins was significantly decreased in subjects with hepatic impairment compared to healthy subjects.

The potential for protein binding displacement of dexmedetomidine hydrochloride by fentanyl, ketorolac, theophylline, digoxin and lidocaine was explored *in vitro*, and negligible changes in the plasma protein binding of dexmedetomidine hydrochloride were observed. The potential for protein binding displacement of phenytoin, warfarin, ibuprofen, propranolol, theophylline, and digoxin by dexmedetomidine Precedex<sup>®</sup> was explored *in vitro* and none of these compounds appeared to be significantly displaced by Precedex<sup>®</sup>.

### Metabolism

Dexmedetomidine hydrochloride undergoes almost complete biotransformation with very little unchanged dexmedetomidine hydrochloride excreted in urine and feces. Biotransformation involves both direct glucuronidation as well as cytochrome P450 mediated metabolism. The major metabolic pathways of dexmedetomidine hydrochloride are: direct N-glucuronidation to inactive metabolites; aliphatic hydroxylation (mediated primarily by CYP2A6 with a minor role of CYP1A2, CYP2E1, CYP2D6 AND CYP2C19) of dexmedetomidine hydrochloride to generate 3-hydroxy-dexmedetomidine, the glucuronide of 3-hydroxy-dexmedetomidine, and 3-carboxy-dexmedetomidine; and N methylation of dexmedetomidine hydrochloride to generate 3-hydroxy N-methyl-dexmedetomidine, 3-carboxy N-methyl-dexmedetomidine, and dexmedetomidine-N-methyl O-glucuronide.

## Elimination

The terminal elimination half-life ( $t_{1/2}$ ) of dexmedetomidine hydrochloride is approximately 2 hours and clearance is estimated to be approximately 39 L/h. A mass balance study demonstrated that after nine days an average of 95% of the radioactivity, following intravenous administration of radiolabeled dexmedetomidine, was recovered in the urine and 4% in the feces. No unchanged dexmedetomidine hydrochloride was detected in the urine. Approximately 85% of the radioactivity recovered in the urine was excreted within 24 hours after the infusion. Fractionation of the radioactivity excreted in urine demonstrated that products of N-glucuronidation accounted for approximately 34% of the cumulative urinary excretion. In addition, aliphatic hydroxylation of parent drug to form 3-hydroxy-dexmedetomidine hydrochloride, the glucuronide of 3-hydroxy-dexmedetomidine hydrochloride, and 3-carboxylic acid-dexmedetomidine hydrochloride together represented approximately 14% of the dose in urine. N-methylation of dexmedetomidine hydrochloride to form 3 hydroxy N-methyl dexmedetomidine hydrochloride, 3-carboxy N-methyl dexmedetomidine, and N methyl O glucuronide dexmedetomidine hydrochloride accounted for approximately 18% of the dose in urine. The N Methyl metabolite itself was a minor circulating component and was undetected in urine. Approximately 28% of the urinary metabolites have not been identified.

## Special Populations and Conditions

- **Pediatrics**

The pharmacodynamics of Precedex<sup>®</sup> was assessed in 134 patients in four clinical trials and reflect the patient disease conditions, the use of other agents in ICU, and effects of dexmedetomidine. The pharmacokinetic results from 96 patients age 1 month to <17 years in three clinical trials demonstrated that dexmedetomidine hydrochloride clearance increased with increasing age and weight-adjusted clearance decreased with increasing age with values from older children approaching those in adults. Pharmacokinetic results from 28 patients age 28 weeks gestational age to <1 month in one clinical trial demonstrated clearance and weight-adjusted clearance values similar to those of older children 6 to <17 years of age. The pharmacokinetic data indicate that weight-adjusted clearance is fastest in the 1 – 24 months group and decreases in the 2 – 17 years group. Precedex<sup>®</sup> use is not recommended in children.

The use of Precedex<sup>®</sup> for conscious sedation in pediatric patients has not been evaluated.

- **Geriatrics**

The pharmacokinetic profile of Precedex<sup>®</sup> was not altered by age. There were no differences in the pharmacokinetics of Precedex<sup>®</sup> in young (18 – 40 years), middle age (41 – 65 years), and elderly (>65 years) subjects. However, in clinical trials an increased incidence of adverse events was observed in the elderly, and a dose reduction for both the loading and maintenance infusions should be considered in patients over 65 years of age (see [4 DOSAGE AND ADMINISTRATION](#)).

- **Sex**

There was no observed difference in Precedex<sup>®</sup> pharmacokinetics due to sex.

- **Hepatic Insufficiency**

In subjects with varying degrees of hepatic impairment (Child-Pugh Class A, B, or C), clearance values for dexmedetomidine hydrochloride Precedex<sup>®</sup> were lower than in healthy subjects. The mean clearance values for patients with mild, moderate, and severe hepatic impairment were

74%, 64% and 53% of those observed in the normal healthy subjects, respectively. Mean clearances for free drug were 59%, 51% and 32% of those observed in the normal healthy subjects, respectively. In clinical trials, an increased incidence of adverse events was observed in these patients, and a dose reduction for both the loading and maintenance infusions should be considered in patients with impaired hepatic function (see [4 DOSAGE AND ADMINISTRATION](#)).

- **Renal Insufficiency**

Dexmedetomidine hydrochloride pharmacokinetics ( $C_{max}$ ,  $T_{max}$ , AUC,  $t_{1/2}$ , CL, and  $V_{ss}$ ) were not significantly different in patients with severe renal impairment (creatinine clearance: <30 mL/min) compared to healthy subjects. Following infusion of Precedex<sup>®</sup> for >24 hours, pharmacokinetic parameters for dexmedetomidine hydrochloride were similar from patients whose laboratory indicators suggest mild, moderate, severe, or no renal impairment.

- **Concomitant Opioid Use:**

In Intensive Care Unit studies <24 hours, 41-44% of Precedex<sup>®</sup> treated patients received no morphine sulfate for pain versus 15-19% in the placebo-treated patients.

In Intensive Care Unit studies, where patients received Precedex<sup>®</sup> for longer than 24 hours, 21-22% of Precedex<sup>®</sup> treated patients received no fentanyl for pain similar to active control (Gaba-agonist or benzodiazepines) - treated patients.

In conscious sedation, 39.6-56.6% of Precedex<sup>®</sup> treated patients received no fentanyl for pain versus 11.1% of placebo-treated patients.

- **Sedation of Longer Duration:**

In three randomized double blind active controlled clinical trials in 1356 patients, continuous infusion of Precedex<sup>®</sup> was evaluated in intensive care unit sedation of longer duration at maintenance doses between 0.2 and 1.4 mcg/kg/hr. Patients were from medical, surgical or trauma intensive care units; and they were initially intubated and received mechanically ventilation. Precedex<sup>®</sup> use beyond 24 hours must be assessed individually (see [4 DOSAGE AND ADMINISTRATION](#)).

## **Drug Interaction**

*In vitro* studies did not demonstrate evidence for clinically relevant cytochrome P450-mediated drug interactions.

## **11 STORAGE, STABILITY AND DISPOSAL**

Precedex<sup>®</sup> (100 mcg/mL): Store at 15 to 30°C.

Precedex<sup>®</sup> (4 mcg/mL): Store at 15 to 30°C.

Any unused medicinal product should be disposed of in accordance with local requirements.



## PART II: SCIENTIFIC INFORMATION

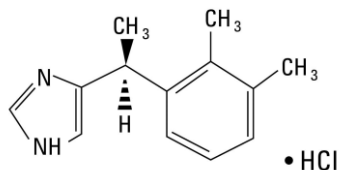
### 13 PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper name: dexmedetomidine hydrochloride

Chemical name: (+)-4-(S)-[1-(2,3-dimethylphenyl)ethyl]-1H-imidazolemonohydrochloride

Molecular formula and molecular mass: C<sub>13</sub>H<sub>16</sub>N<sub>2</sub> · HCl, 236.7



Structural formula:

Physicochemical properties: Dexmedetomidine hydrochloride is a white or almost white powder that is freely soluble in water and has a pKa of 7.1.

### 14 CLINICAL TRIALS

#### 14.1 Clinical Trials by Indication

The safety and efficacy of Precedex<sup>®</sup> has been evaluated in four randomized, double-blind, placebo-controlled multicenter clinical trials in 1185 patients.

##### Intensive Care Unit Sedation < 24 hours

Two randomized, double-blind, parallel-group, placebo-controlled multicenter clinical trials included 754 adult patients being treated in a surgical intensive care unit. All patients were initially intubated and received mechanical ventilation. These trials evaluated the sedative properties of Precedex<sup>®</sup> by comparing the amount of rescue medication (midazolam in one trial and propofol in the second) required to achieve a specified level of sedation (using the standardized Ramsay sedation scale) between Precedex<sup>®</sup> and placebo from onset of treatment to extubation or to a total treatment duration of 24 hours. The Ramsay Level of Sedation Scale is displayed in Table 7.

**Table 7: Ramsay Sedation Scale**

Clinical Score	Level of Sedation Achieved
6	Asleep, no response
5	Asleep, sluggish response to light glabellar tap or loud auditory stimulus
4	Asleep, but with brisk response to light glabellar tap or loud auditory stimulus
3	Patient responds to commands
2	Patient cooperative, oriented, and tranquil
1	Patient anxious, agitated, or restless

In the first study, 175 adult patients were randomized to receive placebo and 178 to receive Precedex<sup>®</sup> by intravenous infusion at a dose of 0.4 mcg/kg/hr (with allowed adjustment between 0.2 and 0.7 mcg/kg/hr) following an initial loading infusion of one mcg/kg intravenous over 10 minutes. The study drug infusion rate was adjusted to maintain a Ramsay sedation score of  $\geq 3$ . Patients were allowed to receive “rescue” midazolam as needed to augment the study drug infusion. In addition, morphine sulfate was administered for pain as needed.

The prospective primary analysis assessed the sedative effects of Precedex<sup>®</sup> by comparing the percentage of patients who achieved a Ramsay sedation score of  $\geq 3$  during intubation without the use of additional rescue medication. A significantly greater percentage of patients in the Precedex<sup>®</sup> group maintained a Ramsay sedation score of  $\geq 3$  without receiving any midazolam rescue compared to the placebo group (see Table 8).

**Table 8: Midazolam use as rescue medication during intubation (ITT), Study One**

	Placebo N=175	Precedex <sup>®</sup> N=178	p-value
Categorized midazolam use			
0 mg	43 (25%)	108 (61%)	<0.001*
0-4 mg	34 (19%)	36 (20%)	
>4 mg	98 (56%)	34 (19%)	

ITT (intent-to-treat) population includes all randomized patients.

\*Chi-square

In a second study, 198 adult patients were randomized to receive placebo and 203 to receive Precedex<sup>®</sup> by intravenous infusion at a dose of 0.4 mcg/kg/hr (with allowed adjustment between 0.2 and 0.7 mcg/kg/hr) following an initial loading infusion of one mcg/kg intravenous over 10 minutes. The study drug infusion was adjusted to maintain a Ramsay sedation score of  $\geq 3$ . Patients were allowed to receive “rescue” propofol as needed to augment the study drug infusion. In addition, morphine sulfate was administered as needed for pain.

A significantly greater percentage of patients in the Precedex<sup>®</sup> group compared to the placebo group maintained a Ramsay sedation score of  $\geq 3$  without receiving any propofol rescue (see Table 9).

**Table 9: Propofol use as rescue medication during intubation (ITT), Study Two**

	Placebo N=198	Precedex <sup>®</sup> N=203	p-value
Categorized propofol use			
0 mg	47 (24%)	122 (60%)	<0.001*
0-50 mg	30 (15%)	43 (21%)	
>50 mg	121(61%)	38 (19%)	

\*Chi-square

### Conscious Sedation

The safety and efficacy of Precedex<sup>®</sup> for sedation of non-intubated adult patients prior to and/or during surgical and other procedures was evaluated in two randomized, double-blind, placebo-controlled multicenter clinical trials. Study 1 evaluated the sedative properties of Precedex<sup>®</sup> in adult patients having a variety of elective surgeries/procedures performed under monitored anesthesia care. Study 2

evaluated Precedex<sup>®</sup> in adult patients undergoing awake fiberoptic intubation prior to a surgical or diagnostic procedure.

In Study 1, the sedative properties of Precedex<sup>®</sup> were evaluated by comparing the percent of adult patients not requiring rescue midazolam to achieve a specified level of sedation using the standardized Observer's Assessment of Alertness/Sedation Scale (Table 10).

**Table 10: Observer's Assessment of Alertness/Sedation**

Assessment Categories				
Responsiveness	Speech	Facial Expression	Eyes	Composite Score
Responds readily to name spoken in normal tone	Normal	Normal	Clear, no ptosis	5 (alert)
Lethargic response to name spoken in normal tone	Mild slowing or thickening	Mild relaxation	Glazed or mild ptosis (less than half the eye)	4
Responds only after name is called loudly and/or repeatedly	Slurring or prominent slowing	Marked relaxation (slack jaw)	Glazed and marked ptosis (half the eye or more)	3
Responds only after mild prodding or shaking	Few recognizable words	--	--	2
Does not respond to mild prodding or shaking	--	--	--	1 (deep sleep)

Patients were randomized to receive a loading infusion of either Precedex<sup>®</sup> 1 mcg/kg, 0.5 mcg/kg, or placebo (normal saline) given over 10 minutes and followed by a maintenance infusion started at 0.6 mcg/kg/hr. The maintenance infusion of study drug could be titrated from 0.2 mcg/kg/hr to 1 mcg/kg/hr to achieve the targeted sedation score (Observer's Assessment of Alertness/Sedation Scale  $\leq$  4). Patients were allowed to receive rescue midazolam as needed to achieve and/or maintain an Observer's Assessment of Alertness/Sedation Scale  $\leq$  4. After achieving the desired level of sedation, a local or regional anesthetic block was performed. Demographic characteristics were similar between the Precedex<sup>®</sup> and comparator groups.

Efficacy results showed that Precedex<sup>®</sup> was more effective than the comparator group when used to sedate non-intubated patients requiring monitored anesthesia care during surgical and other procedures (see Table 11).

In Study 2 the sedative properties of Precedex<sup>®</sup> were evaluated by comparing the percent of adult patients requiring rescue midazolam to achieve or maintain a specified level of sedation using the Ramsay Sedation Scale score  $\geq$  2 (Table 7). Patients were randomized to receive a loading infusion of Precedex<sup>®</sup> of 1 mcg/kg or placebo (normal saline) given over 10 minutes and followed by a fixed maintenance infusion of 0.7 mcg/kg/hr. After achieving the desired level of sedation, topicalization of the airway was carried out with lidocaine formulations. Patients were allowed to receive rescue midazolam as needed to achieve and/or maintain a Ramsay Sedation Scale  $\geq$  2. Demographic characteristics were similar between the Precedex<sup>®</sup> and comparator groups. For efficacy results see Table 11.

**Table 11: Key Efficacy Results of Conscious Sedation Studies**

Study	Treatment Arm	No. of Adult Patients Enrolled <sup>a</sup>	% Not Requiring midazolam rescue	Confidence <sup>b</sup> interval on the difference vs. placebo	Mean (SD) Total Dose (mg) of Rescue midazolam Required	Confidence <sup>b</sup> intervals of the mean rescue dose
Study 1	Precedex <sup>®</sup> 0.5 mcg/kg	134	40	37 (27,48)	1.4 (1.7)	-2.7 (-3.4, -2.0)
	Precedex <sup>®</sup> 1 mcg/kg	129	54	51 (40,62)	0.9 (1.5)	-3.1 (-3.8, -2.5)
	PBO	63	3	–	4.1 (3.0)	–
Study 2	Precedex <sup>®</sup> 1 mcg/kg	55	53	39 (20,57)	1.1 (1.5)	-1.8 (-2.7, -0.9)
	PBO	50	14	–	2.9 (3.01)	–

Notes:

<sup>a</sup> Based on ITT population defined as all randomized and treated

<sup>b</sup> Normal approximation to the binomial with continuity correction.

## 15 MICROBIOLOGY

No microbiological information is required for this drug product.

## 16 NON-CLINICAL TOXICOLOGY

### General Toxicology

#### Acute Toxicity

The highest non-lethal dose by intravenous injects was 1000 mcg/kg in mice, rats and dogs in both sexes.

In a rat neurotoxicity study, Day 7 postnatal rat pups subcutaneously injected with Precedex<sup>®</sup> (3 mcg/kg or 10 mcg/kg or 30 mcg/kg), did not produce significant degeneration in the limbic thalamic nuclei and limbic cortical regions compared to ketamine (20 mg/kg), which resulted in significant neuronal cell death and degeneration. This was determined by histological staining (silver, Fluoro-Jade B, and Caspase-3) to detect neuroapoptosis and neurodegeneration in postnatal rat pup brains.

#### Long-Term Toxicology

A two-week IV infusion study in adult dogs was performed to investigate the potential effect of dexmedetomidine hydrochloride on toxicologic, pathologic, and hormone secretion parameters. Dexmedetomidine hydrochloride at 50 or 100 mcg/kg/day was well-tolerated, with treatment-related effects (sedation, hypothermia (↓ 3-4°C)) reversed by the end of the recovery period. Dexmedetomidine hydrochloride increased cortisol secretion, decreased LH secretion in males, decreased TSH secretion, and at the 100 mcg/kg/day dose level, decreased ACTH-stimulated cortisol secretion.

Rats receiving dexmedetomidine hydrochloride by IV administration for four weeks at doses up to 160 mcg/kg/day showed sedation and piloerection occurring at all doses, with exophthalmos observed only at the highest dose. No deaths occurred. Based on the drug-related small decreases in thymus and body weights at 160 mcg/kg/day, the no-toxic-effect-dose (NTED) of dexmedetomidine hydrochloride was determined to be 40 mcg/kg/day.

### **Carcinogenicity**

Animal carcinogenicity studies have not been performed with dexmedetomidine.

### **Genotoxicity**

Dexmedetomidine hydrochloride was not found to be mutagenic in the Ames *Salmonella* and *E. coli* assays, L5178/*tk*<sup>+/−</sup> mouse lymphoma assay, *in vitro* human lymphocyte cytogenetics assays, and *in vivo* mouse micronucleus assays. No structural or numerical chromosome aberrations were noted in the presence or absence of metabolic activation. Dexmedetomidine hydrochloride did not demonstrate clastogenic activity.

### **Reproductive and Developmental Toxicology**

Reproductive and developmental toxicity studies were performed with dexmedetomidine hydrochloride in rats and rabbits.

A fertility study (Segment I) in rats at doses up to 54 mcg/kg/day administered subcutaneously showed that the No-Observed-Adverse-Effect Level (NOAEL) for F0 males and females was 54 mcg/kg/day for fertility indices and 6 mcg/kg/day for systemic toxicity. The NOAEL for F1 development was considered to be at 6 mcg/kg/day.

In a prenatal monkey neurotoxicity study, infusion of Precedex to pregnant monkeys at doses up to 30 mcg/kg/hr (10X Human Equivalent Dose) for 12 hours did not induce neuroapoptosis in fetal monkey brains compared to controls. In the same study, infusion of ketamine at 20-50 mg/kg/hr for 12 hours to mothers resulted in significant neuroapoptosis in fetal monkey brains. This was determined by immunohistochemical staining for activated caspase 3 and TUNEL in fetal monkey brains.

Teratogenic effects were not observed following administration of dexmedetomidine hydrochloride at subcutaneous doses up to 200 mcg/kg in rats from day 5 to day 16 of gestation and intravenous doses up to 96 mcg/kg in rabbits from day 6 to day 18 of gestation. The dose in rats is approximately 2 times the maximum recommended human intravenous dose on a mcg/m<sup>2</sup> basis. The exposure in rabbits is approximately equal to that in humans at the maximum recommended intravenous dose based on plasma area-under-the-curve values. However, fetal toxicity, as evidenced by increased post-implantation losses and reduced live pups, was observed in rats at subcutaneous dose of 200 mcg/kg. The no-effect dose was 20 mcg/kg (less than the maximum recommended human intravenous dose on a mcg/m<sup>2</sup> basis). In another reproductive study when dexmedetomidine hydrochloride was administered subcutaneously to pregnant rats from gestation day 16 through nursing, it caused lower pup weights at 8 and 32 mcg/kg as well as fetal and embryocidal toxicity of second generation offspring at a dose of 32 mcg/kg (less than the maximum recommended human intravenous dose on a mcg/m<sup>2</sup> basis). Dexmedetomidine hydrochloride also produced delayed motor development in pups at a dose of 32 mcg/kg (less than the maximum recommended human intravenous dose on a mcg/m<sup>2</sup> basis). No such effects were observed at a dose of 2 mcg/kg (less than the maximum recommended intravenous dose

on a mcg/m<sup>2</sup> basis). Placental transfer of dexmedetomidine hydrochloride was observed when radiolabeled dexmedetomidine hydrochloride was administered subcutaneously to pregnant rats.

In rabbits, the influence of dexmedetomidine hydrochloride on teratogenicity (Segment II) after IV administration in doses up to 96 mcg/kg/day was investigated. The NOAEL was 96 mcg/kg/day for maternal toxicity and 96 mcg/kg/day for F1 development. No higher dose was feasible. No teratogenicity was observed in any dose level tested.

Prenatal and postnatal development (Segment III study) was examined in rats at doses up to 32 mcg/kg/day administered subcutaneously. The NOAEL was 8 mcg/kg/day for maternal toxicity and 2 mcg/kg/day for F1 development.

### **Low Tolerance Studies**

A solution of dexmedetomidine hydrochloride was shown to be mildly irritating in rats when injected intramuscularly.

### **Special Toxicology**

Dexmedetomidine hydrochloride administered subcutaneously (SC) in mice using the rotarod and traction tests indicated that it was a poor muscle-relaxant, and that it impaired motor coordination only at the clearly sedative doses of 0.01 and 0.1 mg/kg.

Dexmedetomidine hydrochloride administered subcutaneously in doses up to 0.3 mg/kg in fed rats demonstrated a significant, dose-dependent elevation of blood glucose levels, with negative correlation to plasma immunoreactive insulin levels. Insulin secretion was almost totally inhibited beginning at the 0.1 mg/kg dose. Dexmedetomidine hydrochloride did not show any effect on the level of free fatty acids.

Dexmedetomidine hydrochloride given intravenously is devoid of clear CNS activity up to 0.001 mg/kg in mice and rats; at higher doses ( $\geq 0.003$  mg/kg), dexmedetomidine hydrochloride induced clear CNS depressant effects.

## **PATIENT MEDICATION INFORMATION**

### **READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE**

**Pr**Precedex<sup>®</sup>

#### **Dexmedetomidine Hydrochloride for Injection**

#### **Dexmedetomidine Hydrochloride Injection**

Read this carefully before you start taking **Precedex<sup>®</sup>** and each time you receive an injection. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **Precedex<sup>®</sup>**.

#### **What is Precedex<sup>®</sup> used for?**

Precedex<sup>®</sup> is used in adults to keep you calm (sedated):

- when you arrive at the intensive care unit (ICU) and have a breathing tube after you have had surgery under a general anesthesia
- when you are having certain surgical procedures under a local anesthesia or nerve block
- when you receive a breathing tube while you are awake

#### **How does Precedex<sup>®</sup> work?**

Precedex<sup>®</sup> works by activating a part of the brain which helps keep you calm.

#### **What are the ingredients in Precedex<sup>®</sup>?**

Medicinal ingredients: dexmedetomidine hydrochloride

Non-medicinal ingredients: sodium chloride and water for injection. Precedex<sup>®</sup> is preservative-free and contains no additives or other chemicals.

#### **Precedex<sup>®</sup> comes in the following dosage forms:**

Solution: 4 mcg / mL, 100 mcg / mL

#### **Do not use Precedex<sup>®</sup> if:**

- you are allergic to dexmedetomidine hydrochloride or to any non-medicinal ingredient in Precedex<sup>®</sup> (see **What are the ingredients in Precedex<sup>®</sup>?**).

#### **To help avoid side effects and ensure proper use, talk to your healthcare professional before you take Precedex<sup>®</sup>. Talk about any health conditions or problems you may have, including if you:**

- have heart problems, including chronic high blood pressure
- have diabetes mellitus
- have liver problems
- have severe kidney problems
- are taking any other medicines
- have had a condition called malignant hyperthermia (a very high body temperature) after receiving Precedex<sup>®</sup> or another similar medication to calm you in the ICU, during surgery or other medical procedure
- are dehydrated or suffer from excessive vomiting, diarrhea, or sweating
- are older than 65 years of age

- are pregnant or think you might be pregnant
- are breastfeeding

**Other warnings you should know about:**

An increased mortality risk has been seen for patients 65 years of age and younger being administered this medicine. This was especially in patients with a more severe disease condition, who were admitted to the intensive care unit for reasons other than after surgery. The healthcare professional will decide if this medicine is still suitable for you.

**Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.**

**The following may interact with Precedex<sup>®</sup>:**

- anesthetic drugs, used during surgery such as: sevoflurane, isoflurane, propofol, alfentanil, and midazolam
- neuromuscular blockers, used to relax you if you need a breathing tube such as rocuronium, cisatracurium
- heart medications

**How to take Precedex<sup>®</sup>:**

- **Precedex<sup>®</sup> will be given to you by a healthcare professional skilled in the management of patients in the ICU or operating room setting.**
- Your healthcare professional will monitor your blood pressure, heart rate and oxygen levels while you are receiving Precedex<sup>®</sup>, and for as long as required, after you have stopped receiving Precedex<sup>®</sup>.
- After you have received Precedex<sup>®</sup> it is important that you do not try to change position or get out of bed without assistance.

**Usual dose:**

Your healthcare professional will decide what the appropriate dose is for your specific case. You will get a starting dose first, then regular doses, specific for your body weight and the procedure you are undergoing. Your healthcare professional will decide what the appropriate dose is for your specific case.

**Overdose:**

If you think you, or a person you are caring for, have taken too much Precedex<sup>®</sup> contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

**What are possible side effects from using Precedex<sup>®</sup>?**

These are not all the possible side effects you may have when taking Precedex<sup>®</sup>. If you experience any side effects not listed here, tell your healthcare professional.

Tell your healthcare professional if you have any of the following side effects within 48 hours after receiving Precedex<sup>®</sup>:

- dry mouth
- nausea, vomiting
- diarrhea
- constipation



- nervousness, agitation
- headaches
- weakness
- confusion
- excessive sweating
- weight loss
- salt cravings
- dizziness or light-headedness
- low blood pressure
- slower than normal heart beat

Serious side effects and what to do about them			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>COMMON</b>			
<b>Hypotension</b> (low blood pressure): dizziness, fainting, light-headedness			√
<b>Hypertension</b> (high blood pressure): headaches, vision disorders, nausea and vomiting			√
<b>Hyperglycemia</b> (high blood sugar): frequent urination, thirst, hunger			√
<b>Hypokalemia</b> (low potassium blood level): irregular heartbeats, muscle weakness and generally feeling unwell			√
<b>Bradycardia</b> : slow heartbeat			√
<b>Tachycardia</b> : fast heartbeat			√
<b>Hypoxia</b> : blueish colouration to the skin, confusion, fast heartbeat, shortness of breath, sweating			√
<b>RARE</b>			
<b>Anaemia</b> (low levels of red blood cells): fatigue, loss of energy, weakness, shortness of breath		√	
Breathing problems			√

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

### **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

*NOTE: Contact your healthcare professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### **Storage:**

Precedex<sup>®</sup> is stored between 15 to 30°C.  
Keep out of reach and sight of children.

### **If you want more information about Precedex<sup>®</sup>:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: <https://health-products.canada.ca/dpd-bdpp/>; the manufacturer's website [www.pfizer.ca](http://www.pfizer.ca) or by calling 1-800-463-6001.

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